

the inside track

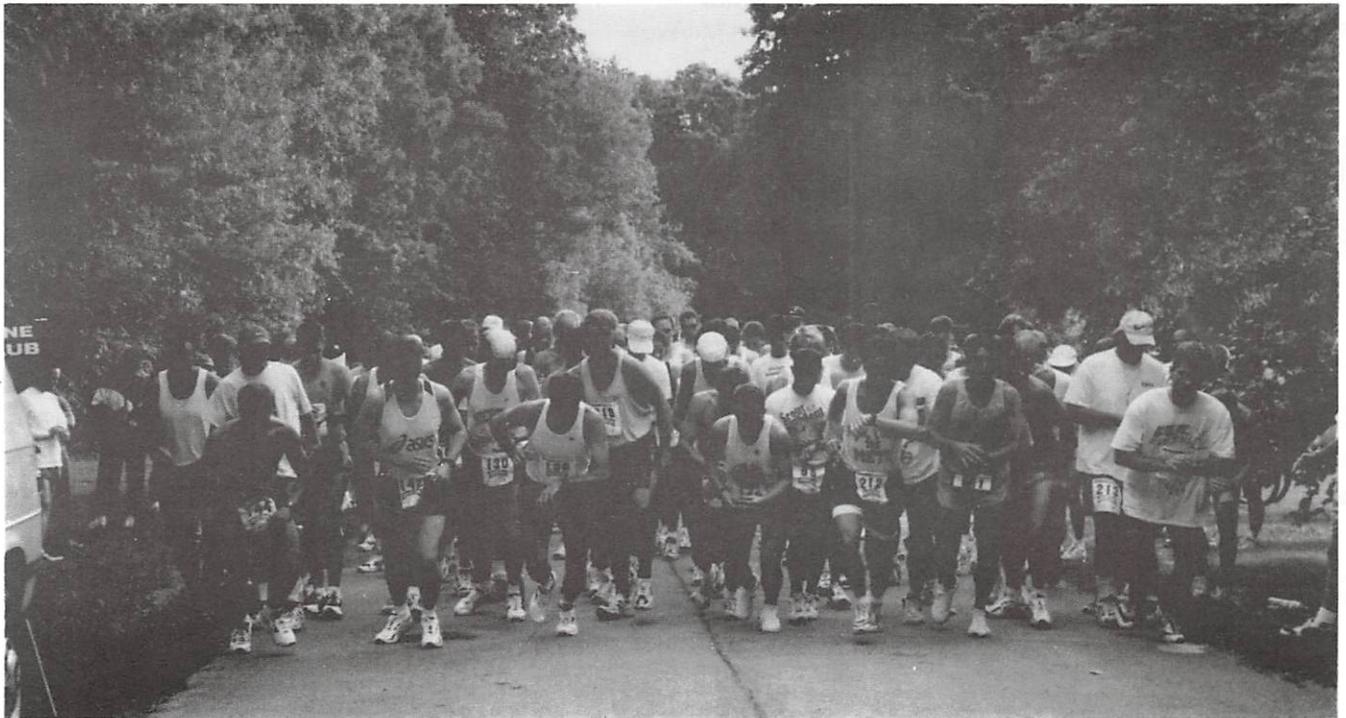
August 1997 - September 1997

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REFLECTIONS ON A STATE CHAMPIONSHIP

On Friday evening, June 6, 1997, the Northrop Boys' Track & Field Team captured the State Championship at North Central High School in Indianapolis. This was the culmination of a fantastic season for the Bruins—a season which resulted in a 10-0 dual meet record; winning the North Side Relays, the Lime City Relays, the SAC, the Sectional, and the Regional; runner-up finishes in the Goshen Relays and the Indianapolis Arsenal Tech. Invitational; accumulating a 52-2 overall record which included ALL meets through the Sectional. The only two defeats came at the hands of Elkhart Central and Lawrence Central, ranked number one and three respectively at the time of those losses. This was a team that set several new school records along the way, including the following: Joe Koczan in the indoor shot put (59' 7"), the outdoor shot (59' 1/2") and the discus (184' 10"); Jo'l Gerardot in the pole vault (16' 4 1/2"); the 3200 relay team—Jordan Butler, Brett Tipton, Ryan McNeil, and Ryan Fritz—7:56.10; and many other stadium and meet records. The 1997 Northrop Bruin Track & Field Squad was definitely the number one team in the State of Indiana. They were rated number one in the final coaches' poll, they captured the State Meet title, and they were capable of beating any team at any time in any type of meet situation.

How did all of this happen? The foundation for this State Championship was laid in the initial year of Bruin Track & Field in 1972 when this brand new school on the north side of town was blessed with unique talent and personalities which got the program off and running, literally and figuratively. This initial year of track & field success kicked off 26 years of excellence and tradition including athletes such as Rick Magley, George McCowan, Gene Mero, Vic Getts, Doug Ford, Tom Weick, Gary Hunter, Brian Kimball, John Hartnup, Roy Mills, John Powell, Keith Scott, Don Watson, Randy & Ron Ruich, Chuck DeFord, Carey Jones, Jim Ehle, Paul Hyndman, Chip Chevillet, Rick Rogers, Oliver Jackson, Bobby Brown, Scott Maddox, Kenny Green, Matt Parker, Matt Seeds, and so many others too numerous to mention here, including 11 years of continued excellence from 1983-1993 under Coach Bob Trammel. All of this excellence and tradition was accomplished under a who's who list of coaches such as Tom Swihart, Kip Ormerod, Bob Trammel, Ron Barnes, Bob Walleen, Tom Lindenberg, Mike Danley, Keith Scott, Tom Madden, Marvin Stewart, Bobby Shank, Greg Rahrer, Mike Peterson, and others. The 1997 State Championship should be equally shared by all of the aforementioned and the many others who have been a part of the Northrop Track & Field Program in any way. At the moment when the announcer made our championship official, all of these names and all of our storied tradition flashed through my mind in a kind of mental video highlight film.

Specifically, this 1997 story began at the conclusion of the 1996 State Meet when Joe Koczan, Joe Strong, Jo'l Gerardot, Matt Seeds, Ryan Fritz, Ryan McNeil, and Jordan Butler "fizzled like a damp firecracker" (according to the Indianapolis Star) in their quest for a top-five finish; and, instead, finished about 23rd with a grand total of 7 points. With six of these athletes along with eight other lettermen returning for the 1997 season, it was decided right then and there that the Bruins would return with a vengeance in 1997. As the 1997 indoor season unfolded with some spectacular results (Joe Koczan's 8th place finish in the National Scholastic Meet and a new school record in the shot put; Jo'l Gerardot and Joe Strong finishing 3rd and 8th respectively in that same national competition; some nice high jump, long jump, and high hurdle performances by Dorian Jordan; a strong showing by our 3200 meter relay; some very good individual distance times were posted; our sprints, led by Laflore Walker, looked to be in better than average shape; and our mile relay showed some promise), the team confidence began to build.

With the opening of the outdoor season, this confidence and team unity began to steamroll with the passing of each week and the completion of each meet, as the team watched their state ranking continue to rise as the season progressed. When the regular season ended and the IHSAA State Meet series began, the team was definitely on a confidence-high with our team slogan for the year, "Taking It To The Next Level" very much a part of the team thought process.

The team then proceeded to win the Sectional for the fourth year in a row in one of the most competitive of all Sectionals in the state this year. That was followed by a huge victory in the Regional for the first time since 1986 (when Coach Trammel's squad went on to finish as State Runners-Up) where the Bruins were able to defeat the then number one rated Elkhart Central team along with highly rated Wayne and Concordia. Although the team was excited by this championship, enthusiasm was stemmed due to the fact that our ultimate goal of a State Championship was still a week away.

On Wednesday, June 4, our team meeting was highlighted by speeches from several former Bruins who had previously scored points at the State Meet—a very emotional and uplifting session. It was really great to see all of these former Bruins again! On Thursday, June 5, after a light practice session, the team and coaches headed for Indianapolis with a supper stop at Fazoli's in Anderson. The team relaxed and let off some steam for a while at our motel on the north side of Indianapolis; then a brief team meeting was held around 9:30. By 10:30 or 11:00, all was fairly quiet—a good sign that they were well-focused on the task at hand.

Everyone awoke to a very rainy Friday morning at 7:30 a.m., had a continental breakfast (free) at the hotel, and then went to North Central High School for a first-hand look at the facilities and a

The HUFF is a 50K trail race consisting of approximately three loops around the Huntington Reservoir. A shorter distance run of 10 to 13 miles will be available for those who would like a taste of winter trail running.

Call Mitch Harper (456-1381) or Don Lindley (432-5998) if you can volunteer.

Help be part of The HUFF, the Fort Wayne Track Club's ultramarathon event, a part of the Great Lakes Ultra Grand Prix Series. Three aid stations need to be staffed in two, five-hour shifts. If you have an RV or four-wheel drive vehicle which might come with you, you'll find an extra present under the tree this year.

Volunteers will be needed December 27 to help spread holiday cheer (and electrolytes, cookies & pretzels) to freezing ultramarathon runners at the Huntington Reservoir.

Holiday Weekend Volunteers Needed



Being surrounded by my three sons, my wife, many long-time coaching associates and adversaries, well-respected officials, media personnel, and former athletes, the feeling when the official announcement was made (and the team doused with a bucket of cold water!) is simply impossible to explain in mere words. Suffice it to say that it is a feeling unmatched by anything in my previous 31 years of coaching! It was . . . and continues to be an awesome experience. The phone is still ringing off the hook and the mailbox daily is filled with notes of congratulations. WOW!! I am, have been, and continue to be truly blessed. PRAISE THE LORD!!

Light loosening up session in a light rain shower and a flooded track. We returned to our motel, had lunch, had our final team prayer and fire-up meeting, and then it was back to North Central for the State Meet, where surprisingly we discovered that the rain had let up and eventually stopped for a perfect evening under the circumstances. Some 7 1/2 hours later, after two fifth place finishes in the shot and discus by Joe Koczan; a first and fourth in the pole vault by Jo'l Gerardot and Joe Strong; a first place effort by our 3200 meter relay team (Jordan Butler, Brett Tipton, Ryan McNeil, and Ryan Fritz); and a ninth place finish by Fritz in the 800; we had accumulated 37 points—enough to win the State Title for the first time in the history of Northrop High School!

MINUTES

Fort Wayne Track Club Monthly Meeting
Wednesday, May 14, 1997, 7:00 p.m., IPFW

26 Present: L. Brooks, D. Lindley, M. Harper, L. Gorman, S. Bruner, J. Schlatter, M. Brattoli, A. Gilbert, K. Disler, P. Knott, B. Sohaski, J. & B. Hockensmith, C. Brandt, J. Tillapaugh, J.P. Jones, B. Peterson, M. Yann, J. Brower, J. Diehl, G. Dexheimer, M. McAvoy, B. Cranne, P. Suelzer, G. Purcell, B. Scrogam

1. Meeting called to order by Barrie Peterson and Don Lindley opened with a reading and prayer
 2. In an effort to know one another better B. Peterson asked those present to introduce themselves and to give a brief running history.
 3. The minutes from last meeting were reviewed and accepted.
 4. The April Treasurer's and Membership report was given by Don Lindley.
 - a. There was an income of 1642.46, with expenses of 418.00, for a balance of 14,701.99.
 - b. There are 441 members to date.
 5. Barrie Peterson read a letter of thanks from Judy Tillapaugh to FWTC for their help with the Mastodon Stomp; there were 200 entrants.
 6. Mike McAvoy gave an update on the Parade Race.
 - a. Will be July 12, 1997, at 8:30 AM.
 - b. Course is being changed due to street construction.
 - c. Registration will be at Headwater's Park.
 7. Bob Hockensmith gave an update on the Hooser Marathon.
 - a. 61 registrations have been received.
 - b. Finishing medals have been delivered.
 - c. Ind./Ohio Heart Assoc. will sponsor a pizza party at the Northcrest Pizza Hut for all the volunteers on June 9, 1997.
 - d. All volunteers have been assigned positions.
 - e. More sponsors are being signed up.
 - f. Ind./Ohio Heart Assoc. will man all water stations.
 - g. Fairfield Ave. will be used as an alternate route in case the River Greenway is flooded.
 - h. Ft. Wayne Sports Corp. will give the marathon a free ad in their publication.
 - i. An ad has been placed in the Indiana Runner.
 8. Garry Dexheimer announced that he had arranged for the showing of the Steve Prefontaine movie, "Pre", will be shown at one of the Regal Cinemas June 13-19, 1997, at 9:00 PM.
 9. Bill Sohaski gave a Triathlon update.
 - a. Will be just across the road from Lafayette Central Elementary School.
 - b. Will be Aug. 16, 1997 at 8:00 AM.
 - c. Progressive Ins. will be a major sponsor.
 10. Mitch Harper announced a new race, Zoom Thru Zula, a 10K, Oct. 12, 1997, at 1 PM.
 11. Jon Schlatter announced that he had more race info from Michigan and the Lafayette area.
 12. Joyce Hockensmith said the Newsletter deadline was May 15, 1997.
 13. Don Lindley gave an update on the Bag-A-Thon for next Sat.
 14. Mitch Harper said a letter of thanks, but declining their offer, will be sent to "Do It Sports" because of the cost and other internet sites, including our own, will serve FWTC better.
 15. Barrie Peterson reminded everyone of the speed workouts at Northrop High School starting June 12, 1997, at 6:00 PM; A pizza party will be held following the one hour run of Aug. 7, 1997 with FWTC providing the drinks and giving out special FWTC awards.
 16. Judy Tillapaugh said that Bill Crane will be replacing her as the Team in Training coach.
 17. Don Lindley said that \$500 will be spent to send a delegation to the RRCA convention.
 18. Phil Suelzer announced that he will do a 1 mile race at Lakeside Middle School on June 3, 1997 for children, grades 3-5; FWTC voted to give a donation of \$50.
- Meeting then adjourned. Next meeting Wednesday, June 11, 1997, 7:00 p.m., IPFW.
Respectfully submitted, Jon Schlatter, Club Secretary.

MINUTES

Fort Wayne Track Club Monthly Meeting
Wednesday, June 11, 1997, 7:00 p.m., IPFW

19 Present: D. Lindley, J.P. Jones, S. Brunner, M. Yann, B.&J. Hockensmith, B Scrogam, B. Sohaski, J. Schlatter, L. Gorman, B. Peterson, L. Brooks, K. Disler, M. McAvoy, L. Armstrong, J. Tillapaugh, P. Knott, J. Diehl, M. Harper,

1. Barrie Peterson called the meeting to order and opened in prayer.
 2. The minutes from last meeting were reviewed and accepted.
 3. Butch Perchan, IPFW A.D., spoke about the state of athletics and funding at IPFW.
 - a. FWTC representative to serve with the Royal Dons Club.
 - b. Possible permanent cross country course and indoor track on McKay farm property
 4. The Treasurer's and Membership report was given by Don Lindley
 - a. There was an income of 131.09, with expenses of 918.50, for a balance of 13, 914.58.
 - b. There are 450 members to date.
 5. Bob Hockensmith gave a Marathon update.
 - a. Showed finishing medals.
 - b. 169 registrations have been received.
 - c. Concern expressed for the River Greenway by Fairfield Ave. being under water.
 - d. 40 cases of pop have been purchased.
 - e. Ind-Ohio heart Assoc. gave a pizza party this past Monday for the volunteers.
 - f. 11 radios on the course at all aide stations and with the two bicycle paramedics.
 - g. There was discussion of a kids race next year with Kicking Butts Group.
 6. Jon Schlatter gave an update on the race schedule - Swiss Days in Berne July 26 at 8:00 a.m.
 7. Charlie Brandt (from Gary Dexheimer) said that the Steve Prefontaine movie will be at the Holiday Regal Theater, June 13 - 19, with a start time of 9:10 p.m.
 8. Mike McAvoy gave an update on the Parade Race.
 - a. Volunteer sign up sheet passed around.
 - b. Course changed from last year due to problems with the city.
 - c. Start/Finish line and registration to be in Headwaters Park.
 9. Joyce Hockensmith said that the deadline for the next newsletter will be July 15.
 10. Mike Yann gave a report on the Bag-A-Thon that cleaned up the Spy Run Creek area.
 11. Phil Suelzer reported that he had 60 kids at his Elementary School race.
 12. Barrie Peterson said that the summer speed workouts will start this Thursday at Northrop.
 13. Charlie Brandt gave an update on the One Hour Run.
 - a. Will be Aug. 7, at 6:30 p.m. on the Northrop track.
 - b. Each entrant will need a person to record laps on a tick sheet.
 - c. Volunteer needed to coordinate Pizza Party.
 14. Bill Sohaski gave an update on the Triathlon
 - a. Past out new Triathlon registration forms.
 - b. Will be Aug. 16, at 8:00 a.m., at Lafayette Central Elementary School.
 15. Don Lindley reported that two new 2-way radios will be purchased June 13.
 16. Judy Tillapaugh and Don Lindley gave reports from the RRCA National Convention.
 17. Barrie Peterson talked about rings for the Northrop state champions in boys track and field.
 - a. FWTC voted to purchase one ring for \$80 for one of the team members.
 - b. Lynn Armstrong and Bob Hockensmith said that they each would purchase a ring.
 18. Mike McAvoy said that he would chair the banquet for next year.
 19. Mike McAvoy reported that Ft. Wayne Orthopedics may want to sponsor a 5k in the future.
- Meeting then adjourned. Next meeting Wednesday, July 9, 1997, 7:00 p.m., IPFW

Respectfully submitted, Jon Schlatter, Club Secretary.

RRCA 40TH ANNUAL NATIONAL CONVENTION

"BREATH TAKING"

Wow, awesome, fantastic, beautiful, wonderful, gorgeous, great....these words and more were running through my mind from the moment Don Lindley and I landed in Colorado Springs, Colorado till the minute we flew away. They match my memories of The Road Runner's Club of America's (RRCA) 40th Annual National Convention which was held June 5th - 8th, 1997 at The Red Lion Hotel in Colorado Springs. Running and walking enthusiasts from coast to coast gathered for a breath taking time of trail runs, workshops, hall-way networking, hospitality suites, adventure lunches, a regional meeting, and RRCA business meeting. The grand finale was "The Garden Of The Gods" 10 mile run.

Everyone had the chance to gain a mountain of information. Here's a summary of activities I attended.

Convention Connections:

1. Trail Running Workshop
 - * Trail etiquette guidelines were given.
 - * Information was given on how to save trails.
 - * Pikes Peak Area Trails Coalition was discussed.

2. Adventure Luncheon With Matt Carpenter
 - * Matt's the current record holder for the Pikes Peak Ascent (2:01:06) and Marathon (3:16:39).
 - * Matt has the fastest marathon at 14,350 ft. (2:56:08).

3. Nutrition For Runners
 - * Pre-event meal guidelines and recipes were given.
 - * Supplements for runners were discussed.
 - * The female athlete triad was covered.

4. RRCA Central Regional Meeting
 - * NEW Central Regional Director- Mark Lidman from Kansas City, MO
 - * Central Regional Newsletter Awards for 1996 were given.
 - * Fort Wayne Track Club's Inside Track Newsletter Editor Joyce Hockensmith was recognized.
 - * Patty LaCross from Michigan was honored as the Central Region Outstanding State Representative for 1996.
 - * An update on RRCA's programs and services for clubs was done.
 - * New- Guidelines For The Beginning Women Runner
 - * Club Promotion and fitness education were discussed. A Kansas City club shared that they distribute copies of RRCA's educational booklets like "WHY RUN?" with a club address and phone number attached. They are placed in waiting rooms of physician offices and health clubs.

5. Running Times Poker Run At Quail Lake
 - * The best hand won.

6. Runner's World State Representative Breakfast
 - * Indiana's State Representative Mark Doctor shared some Indiana activities.
 - * Joanne Smith of Pennsylvania was honored as the 1996 Reebok/RRCA Outstanding State Representative of The Year.
 - * RRCA President Don Kardong spoke on the value of RRCA's State Representatives.

7. Polar Heart Rate Monitor Coaching Workshop
 - * Principles of effort based training was discussed.
 - * Training can be personalized daily using a heart rate monitor.
 - * NEW RRCA Coaching Certification will be available with in the year.

8. RRCA Now and In The Future Workshop
 - * RRCA Executive Director Henley Gibble spoke on day by day RRCA work. She loves her job!!
 - * RRCA has been "In The News" the past year. Example- recent running article in The New York Times.
 - * Crime in America was discussed as an opportunity for RRCA clubs to gain promotion and new members. A negative problem can be turned into positive results.
 - * NEW RRCA safety shirts are available for club to buy.
 - * A NEW 30 second PSA on "The value of NOT using a head set" is available for clubs via the RRCA National Office.
 - * Be a GADFLY like Dick Hillman of Annapolis, MD. "Think outside of the box." Dick shared his ideas on ways RRCA could improve like more financial support for the state rep. program and more use of the RRCA logo. It's a symbol of quality and safety. Many RRCA club race applications do not have the RRCA logo.

9. Club Leadership Workshop
 - * Everyone discovered their leadership style! Are you a promoter, controller, supporter, or an analytical person?
 - * Tips on avoiding burnout were discussed.
 - * Ideas on how to be more effective were given. Example- Listen More!! "Seek First To Understand, Then To Be Understood."
 - * 3 R's for leadership- recognize, reward, and renew.

10. Adventure Luncheon With Bart Yasso of Runner's World
 - * Bart coordinates Runner's World Race Participation Program.
 - * Favorite hobby- visiting third world countries.
 - * Bart has completed several tough, scenic events like the Badwater 146 Miler.

11. Annual RRCA Business Meeting
 - * Currently RRCA has 6 paid workers at the national office. One of the newest is Moira Alvarado who was hired to be the convention coordinator.
 - * The number of clubs has hit 600 in early 1997!
 - * On December 31, 1997 financial balance sheet indicated total assets of \$245,559 and total liabilities of \$201,638 resulting

in new assets of \$43,921. Total revenue for 1996 was 8% higher than in 1995 while total expenses represented a 4% increase over 1995.

- * 11 tips to prevent club fraud were given.
- * FootNotes Editors Jan and Joe Seeley have resigned. They will do two more issues- summer 1997 and fall 1997. RRCA is currently searching for a new editor. Anyone interested can call the RRCA National Office.
- * USTF Task Force Survey results were shared.
- * A motion to initiate board work to consider changing RRCA's name was done, then dropped.
- * NEW "National Run To Work Day" will be Tuesday October 21, 1997. Clubs are encouraged to be creative and use this opportunity to get publicity and new members.
- * The 1998 RRCA National Convention will be in Peoria, Il 6/18-6/21. The 1999 RRCA National Convention will be in Spokane, WA the first week in May.

12. Legal and Insurance Issues Workshop

- * Fort Wayne's Terry Diller facilitated this workshop.
- * No insurance cost changes will occur next year.
- * Clubs were asked to always remember the RRCA guidelines when putting on club events!! Apply the guidelines even though exclusions (like head set use and baby strollers) were removed from the insurance policy. Save money by being safe!!

13. Finding A Race Sponsor Workshop

- * 3 parts- prospecting, selling, and fulfillment.
- * Tips on how to hook a sponsor were given.
- * Tips on how to keep sponsors happy were given.
- * "70% of race sponsorships are gotten by people who ask."

14. RRCA Awards Banquet

- * Julia Emmons, Executive Director of the Atlanta Track Club, was the keynote speaker. She spoke on the inside story of putting on an olympic marathon.
- * Many outstanding recognition awards were given out like Jon Sinclair and Kim Jones being selected for RRCA's Hall of Fame!

Colorado was so sweet! A nice way to celebrate my 10th RRCA National Convention. They have all been so.. good mainly because of so many good people. It's the company that counts. That's what keeps me coming back for more!!

As Illinois State Representative Chris Christian said "From the mountains to the plains." Don't miss the boat! Start making plans today to attend the 1998 RRCA national Convention in Peoria, Il. Come run the famous Steamboat Classic!

Best,

Judy Tillapaugh
6/10/97

1997 HOOSIER MARATHON REPORT

Late in 1996, as most of the club members know, the Hoosier Marathon lost its major sponsor. Although there was some concern about the financial stability of the club by trying to run an event such as this without solid financial backing, the consensus of opinion indicated that it could be done without compromising the quality of the race or the status of the club treasury.

After a committee was formed, consisting of Joyce Hockensmith, Don Lindley, J.P.Jones and Joe Gorman, many smaller sponsors were sought. The committee was successful beyond early expectations. In addition to the prior years' sponsors such as Fort Wayne Parks and Recreation, Asher Agency for Subway sandwiches, D & L Communications for radios, Waterworks Pure Drinking Water, Pepsi-Cola for sports drinks, Dr. Rob & Sandy Wyatt for foot care for runners, Three Rivers Ambulances for the two mobile paramedics and the Fort Wayne Police Reserves, several other major contributors were obtained. With the addition of such sponsors as VanDyne-Crotty, who donated all of the T-shirts, Classic Products Corp., who did the silk screening on the shirts without cost and Kevin Heller at Noble Press, who did all of the printing, the financial success of the marathon was assured. One of the most significant sponsors was Indiana/Ohio Heart, who paid for the volunteers' party just before the race, and enlisted 40-50 nurses from their organization and Lutheran Hospital to operate the water stations. On race morning we discovered what a wonderful benefit it was to have those stations staffed by people who were used to dealing with emergencies.

As of 6:30AM, at the race start, we learned that we still had no water on the course. One of the worst nightmares that I have had over the years had materialized on that Saturday. Fortunately, this crisis was just another emergency to the superb crews at the water stations. Heidi Downey took charge and directed the water stations to use alternative sources for water until the water truck could arrive to take over. Almost immediately, the people at the stations found other water supplies, met the needs of the runners and the race went on without a hitch. From the runner's perspective, there wasn't a problem, but from the race director's position, it could have been a major catastrophe.

In spite of a stumble or two, this year's marathon again turned out to be a very successful venture, in addition to the financial aspects. The anticipated water and mud problems on the course, that we have had to deal with in the past, dissolved without incident due to the help provided by a mystery man on Friday. We learned on race day that some unknown man had cleaned off the course at the perennial low spot between the Fairfield Avenue parking lot and the Lower Huntington Road underpass. Apparently the job was so well done that a trio of runners who rode the course on their bicycles on Friday afternoon on an inspection tour, decided that the condition of the course passed muster, so they signed up to run.

Once again, we enjoyed perfect weather for the third running of the Hoosier Marathon and have received many letters and telephone messages from runners who have complimented the race. You may recall that in 1995 there were 186 finishers and in 1996 there were 190 finishers. This year saw 203 runners complete the event. So, we are slowly growing in size.

The committee did a magnificent job in the planning and preparation for the Hoosier Marathon. The only reason that this event has begun to earn a reputation as one of the best small marathons in the country is the quality of the preparation and the management of the event by the volunteers on race day. I wish to sincerely thank and applaud the committee and the volunteers for their tremendous efforts that once again has set high standards of excellence in staging another successful marathon. My hat is off to all of you who made it happen!

Bob Hockensmith, Race Director

Fort Wayne Hoosier Marathon Results

Saturday, June 14, 1997

OVERALL MALE

Pl.	Name	City	O.Pl.	Time
1	Scott Colford	Logansport, IN	1	2:43:16
2	Paul Strode	Seattle, WA	2	2:45:53
3	Gerald Hutchinson	Cincinnati, OH	3	2:47:25

Under 19 Male

1	Louie Esquivel III	Ft. Wayne, IN	17	3:06:30
2	Matthew Schwartz	Monroe, IN	21	3:09:38
3	Nick Walding	Portage, IN	79	3:41:23
4	Jody McFarren	Keystone, IN	113	3:58:31
5	Justin Bailey	Montpelier, IN	114	3:58:31
6	Joshua O'Hair	Chesterton, IN	132	4:13:34
7	Adam Bubb	Ft. Wayne, IN	157	4:27:50
8	Daniel O'Hair	Chesterton, IN	195	5:25:36

Under 19 Female

1	Brandi Hawkins	Bolingbrook, IL	199	5:37:04
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19-25 Male

1	Eric Seifert	Ann Arbor, MI	18	3:06:49
2	Scott Armstrong	Ft. Wayne, IN	146	4:20:26
3	Daniel Ingram Jr.	Auburn, IN	160	4:33:14

19-25 Female

1	Kathy Weikel	Ft. Wayne, IN	64	3:35:26
2	Geraldine Carter	Ithaca, NY	71	3:38:16
3	Laura Weikel	Ft. Wayne, IN	152	4:22:53

25-29 Male

1	Kirk Eisert	Ft. Wayne, IN	13	3:04:08
2	Jim Clemens	Madison, AL	20	3:09:23
3	Joe Leja	Noblesville, IN	35	3:21:08
4	Zach VanBlack	Colorado Spr. CO	37	3:22:24
5	Christopher Marks	Churubusco, IN	58	3:32:34
6	Mark Dolde	Melrose Pk, IL	61	3:33:45
7	Wayne Chasney	Milan, OH	84	3:44:37
8	Craig Smith	Rochester, IN	98	3:50:52
9	Kevin Flaherty	Indianapolis, IN	112	3:57:58
10	Trey Fisk	Springfield, IL	138	4:16:10
11	Harold Pierce	Michigan City, IN	140	4:16:48
12	Andrew Krueger	Royal Oak, MI	*	4:20:43
13	Dugan Hoffman	Ft. Wayne, IN	180	4:58:32

25-29 Female

1	Tania Myslenski	Chicago, IL	95	3:49:34
2	Jennifer Andrews	Chicago, IL	110	3:57:16

30-34 Male

1	Ron Sharp	Ft. Wayne, IN	4	2:48:31
2	Edward Hanson	Elgin, IL	5	2:50:27
3	Philip Hodge	Dallas, TX	8	2:58:26
4	Kent Wells	Houston, TX	9	2:59:07
5	Mark Sullivan	Freeburg, PA	10	2:59:44
6	Mark Walter	Garrett, IN	12	3:02:10
7	Carl Taulbee	Bloomfield Hills, MI	15	3:05:54

OVERALL FEMALE

Pl.	Name	City	O.Pl.	Time
1	Lisa Shanks	Indianapolis, IN	41	3:24:54
2	Cathy Dwyer	Greer, SC	47	3:27:06
3	Sara Powell	Gilead, OH	60	3:33:00

30-34 Male

8	Les Rau	Parma, OH	26	3:16:42
9	John Baines	Houston, TX	27	3:16:59
10	Scott Maddox	Ft. Wayne, IN	40	3:24:21
11	Keith Walter	Kendallville, IN	53	3:31:11
12	Jack Thornton	Medina, OH	56	3:31:41
13	Mike Marrs	Rochester, NY	67	3:36:43
14	T. Sean Robinson	Ft. Wayne, IN	89	3:47:07
15	Thomas Seidel	Gera, Germany	101	3:53:03
16	Robert Rogers	Naperville, IL	104	3:54:51
17	Mis Mrak	Winamac, IN	105	3:55:12
18	Michael Pfefferkorn	Ft. Wayne, IN	106	3:55:22
19	Bob Panzak	Cocoa, FL	121	4:05:52
20	Stanley Bermudez	Hammond, IN	153	4:23:42
21	Brian Fahl	New Haven, IN	187	5:05:19
22	Jerry Richardson	Riverside, OH	198	5:32:47

30-34 Female

1	Linda Gorman	Decatur, IN	70	3:37:58
2	Rachel Rawson	Shaker Heights, OH	78	3:41:02
3	Marilyn Maddox	Ft. Wayne, IN	92	3:47:59
4	Christine Dougherty	Louisville, KY	123	4:06:02
5	Susan Abate	Cleveland, OH	131	4:12:48
6	Lisa Roberts	Kalamazoo, MI	143	4:17:29
7	Margo Talkington	Jamestown, OH	154	4:24:53
8	Laurie Whisler	Ft. Wayne, IN	163	4:34:29
9	Claire Sill	Lake Forest, IL	167	4:42:10
10	Shelley Davis	King of Prussia, PA	179	4:56:12
11	Kim Miller	N.Manchester, IN	202	6:00:29

35-39 Male

1	Jason McKay	Noblesville, IN	6	2:55:51
2	John Taylor	Des Moines, IA	11	2:59:53
3	Patrick Puckett	Noblesville, IN	16	3:06:08
4	Ed Jacob	Van Wert, OH	25	3:13:59
5	Thomas Robert	Canton, MI	*	3:20:57
6	Paul Shaffer	Decatur, IN	36	3:21:59
7	Michael Bauer	Riverwoods, IL	42	3:24:58
8	Scott Reiling	Ft. Wayne, IN	43	3:25:06
9	David Reimchisel	Leo, IN	44	3:25:39
10	Brinton Farrand	Martinsville, IN	48	3:27:09
11	Thomas Baudlin	Oak Creek, WI	49	3:28:23
12	T. McCammon	West Chester, PA	50	3:29:08
13	Tim Whiteside	Tulsa, OK	55	3:31:36
14	John Dickerson	Terre Haute, IN	73	3:38:54
15	Marty Atherton	Indianapolis, IN	91	3:47:55
16	Richard Sellers	Melbourne, FL	115	4:01:12
17	Chuck Zumbrun	Ft. Wayne, IN	116	4:01:51
18	Thomas Seyfried	Ann Arbor, MI		4:02:23
19	Mark Altstaetter	Van Wert, OH	128	4:11:18
20	Donald Rozsi	Marshall, MI	136	4:14:47
21	Michael Tucker	Beverly Hills, MI	158	4:30:14
22	James Campbell	Chicago, IL	168	4:42:16
23	Jeffery Anderson	Whiteland, IN	169	4:43:01
24	Aziz Uras	Chicago, IL	*	4:52:41
25	Aniruddha Despande	Glendale, WI	178	4:54:37

* Denotes Early Starter

35-39 Female

1	J. Bierman-Weaver	Jamestown, OH	141	4:16:49
2	Robin Sullivan	Freeburg, PA	147	4:20:35
3	Cindy Grisso	Tulsa, OK	150	4:22:34
4	Valerie Winn	Ft. Wayne, IN	164	4:35:48
5	Susan Daley	Chicago, IL	190	5:14:55
6	Betty DeWells	Ft. Wayne, IN	194	5:24:08
7	Junko Uras	Chicago, IL	*	5:36:03
8	Linda Brooks	Ft. Wayne, IN	*	6:11:00

40-44 Male

1	Vincent Garcia	Ft. Wayne, IN	14	3:05:04
2	James Scholl	Saline, MI	23	3:11:27
3	Jerry Kerr	Crescent Pk. KY	24	3:13:59
4	Doug Yoder	Goshen, IN	32	3:19:54
5	Gary Laffin	South Bend, IN	39	3:24:18
6	Dan Moord	Ft. Wayne, IN	57	3:32:07
7	Mike Wilkins	Ontario, Canada	59	3:32:45
8	Lutz Eisenbeiss	Gera, Germany	74	3:39:02
9	Kim Herlan	Ft. Wayne, IN	75	3:39:13
10	Paul Hayes	Ft. Wayne, IN	76	3:40:03
11	David Weikel	Ft. Wayne, IN	83	3:43:05
12	Steve Cickay	Newtown, PA	87	3:46:31
13	Peter Boylan	Cincinnati, OH	88	3:46:42
14	Christopher Inglese	Fitchburg, WI	94	3:48:47
15	John McPherson	Ft. Wayne, IN	100	3:52:43
16	Jim Parks	Charlotte, NC	103	3:54:24
17	Marty Knapp	Columbus, OH	108	3:56:24
18	Richard Eddie	Huntington, IN	111	3:57:38
19	Vernon Ceder	Ft. Wayne, IN	127	4:09:56
20	Stanley Riggs	Bowling Green, OH	130	4:12:24
21	Bruce Purdy	Manchester, MI	148	4:21:53
22	Joe Thoma	Oak Creek, WI	166	4:39:25
23	Dan Strange	Denton, TX	175	4:49:37
24	Hermes Santiago	Anderson, IN	197	5:32:47

40-44 Female

1	Laurie Herman	Cincinnati, OH	126	4:07:54
2	Becky Step	Indianapolis, IN	133	4:13:41
3	Nancy Broadbridge	Birmingham, MI	174	4:49:27
4	Susan Cickay	Newtown, PA	*	5:05:51
5	Dana Reising	Danville, KY	188	5:07:32
6	Chery Weske	Goshen, IN	191	5:17:21
7	Sandy Wolfe	Hamilton, OH	*	5:18:37

45-49 Male

1	Steve Boone	Houston, TX	29	3:18:45
2	Gary Langhoff	Sheboygan, WI	31	3:19:20
3	Verton Troyer	Plymouth, IN	46	3:26:12
4	Anthony Lepetrone	Birmingham, MI	51	3:29:56
5	David Huck	South Lyon, MI	52	3:30:14
6	Mike Manley	Anderson, IN	62	3:33:45
7	David Winters	Huntington, IN	63	3:35:23
8	Douglas Dulli	Madison, WI	65	3:35:28
9	Curtis Lintvedt	Novi, MI	66	3:36:14
10	Ronald Hannan	Cranberry Twp. PA	72	3:38:32
11	Frederick Stoffel	Columbia City, IN	81	3:41:57
12	Steve Hill	Chelsea, MI	82	3:42:53
13	Richard Holmes	McLean, VA	93	3:48:06
14	Alan Kratovansky	Elkhart, IN	102	3:54:18
15	Tom Crouch	Carmel, IN	107	3:55:46
16	David Eckert	Ft. Wayne, IN	109	3:57:09
17	Dale Barnell	Homer, NY	118	4:03:04
18	Colin Smith	Plainfield, IN	134	4:13:42
19	Barry Levine	Cincinnati, OH	151	4:22:42

45-49 Male

20	Michael O'Krongly	Waukesha, WI	170	4:45:11
21	Stephen Langton	New Kennsington, PA	173	4:49:11
22	Dan Hurr	Hamilton, OH	*	4:50:10
23	George Brown	Toledo, OH	177	4:52:10
24	Dale Zanchi	Louisville, KY	181	4:58:48
25	Daniel Sanchez	Anthony, NM TX	184	4:59:37
26	Richard Taulbee	Cincinnati, OH	193	5:23:55
27	Steve Bruns	Rome City, IN	196	5:29:10

45-49 Female

1	Donna Olson	Bloomfield Hills, MI	77	3:40:24
2	Sandra Zanchi	Louisville, KY	125	4:07:51
3	Sue Gallmeyer	Ft. Wayne, IN	144	4:18:26
4	Lois Berkowitz	Riverview, MI	149	4:21:56
5	Patricia Payette	Sylvania, OH	*	4:23:05

50-54 Male

1	Gary Julin	Omaha, NE	7	2:57:23
2	Bob Furnish	Bloomington, IN	19	3:08:37
3	Harvey Kunz	Omaha, NE	22	3:09:58
4	Richard St. John	Toronto, Canada	30	3:18:55
5	Mervin Koelinger	Ft. Wayne, IN	45	3:25:55
6	Marty Winkel	Titusville, FL	54	3:31:30
7	David Boylan	Ft. Wayne, IN	69	3:37:57
8	Wesley Sabins	Ft. Wayne, IN	97	3:50:27
9	Ruben Plaza	Celina, OH	99	3:50:52
10	John Schaap	Louisville, KY	122	4:06:00
11	Ken Greshover	Hickory, NC	137	4:15:31
12	Ed Buckalew	Grand Prairie, TX	142	4:17:02
13	Bill Kelley	Gosport, IN	145	4:20:02
14	Gordon Deshon	Lancaster, KY	155	4:26:55
15	Richard Worley	Kingwood, TX	171	4:46:39
16	Michael McCown	Toledo, OH	176	4:52:08
17	Ken Silkworth	Ft. Wayne, IN	192	5:19:57

50-54 Female

1	Sandi Ludwa	Elma, NY	85	3:44:45
2	Barb Scrogam	Ft. Wayne, IN	185	4:59:43

55-59 Male

1	Larry Averbek	Ft. Wayne, IN	38	3:22:44
2	Robert Johnson	Yellow Springs, OH	68	3:36:54
3	Tom Felger	Ft. Wayne, IN	86	3:45:11
4	Rick Wilcox	Coldwater, MI	120	4:04:30
5	Bill Jennings	Metairie, LA	124	4:06:59
6	Rodger Goodwin	Indianapolis, IN	129	4:12:24
7	Arthur Moore	Strongsville, OH	135	4:14:47
8	Gordon Hartshorn	Grand Prairie, TX	156	4:27:46
9	Paul Morgan	Altamonte Spr, FL	182	4:59:15

60-64 Male

1	David Payette	Sylvania, OH	*	4:23:19
2	Joseph Ziegler	New Haven, IN	159	4:30:54
3	James Pebworth	Richmond, VA	172	4:47:57
4	Wesley Love	Harvey, IL	186	5:01:25
5	Don Lang	Glendale, CA	*	5:36:14

65-69 Male

1	Dwayne Weeda	Fruitport, MI	165	4:36:39
2	James P. Jones	Ft. Wayne, IN	201	5:56:32
3	Hunter Goin	Columbus, OH	203	7:46:27

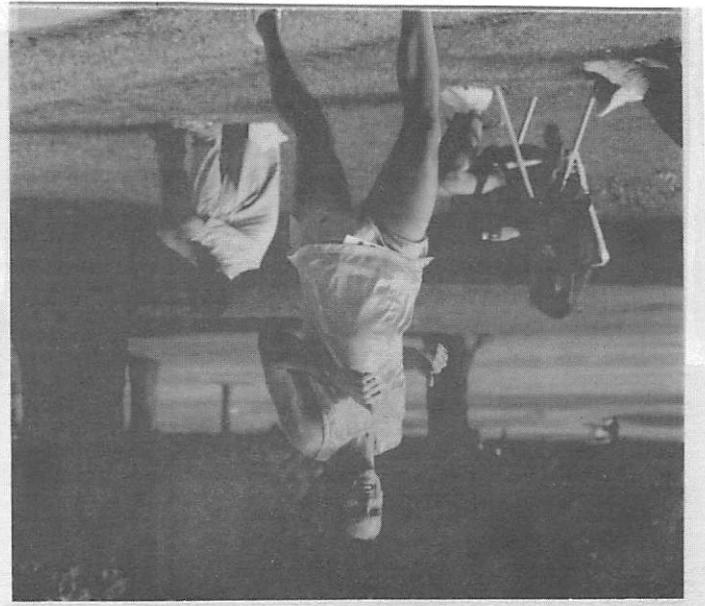
70+ Male

1	Ed Burnham	Kansas City, MO	*	6:01:45
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MARATHON WINNERS.....



Scott Colford Logansport, IN



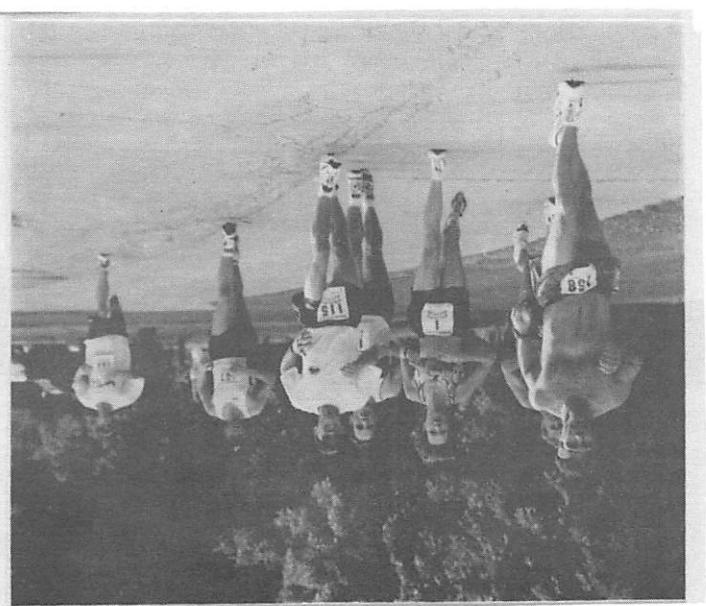
Paul Strode Seattle, WA



Gerald Hutchinson Cincinnati, OH



Lisa Shanks Indianapolis, IN



Cathy Dwyer Greer, SC



Sara Powell Gilead, OH

At the Pizza Party for Volunteers



Race Officials and Volunteers hard at Work



Off and Running!

WARRIOR 4 MILER
Results
Ohio City, Ohio
July 19, 1997

1.	Jerry Williams, Jr.	21:09	48.	Mick Martz	27:23
2.	Adam Barton	21:52	49.	Brian McMichael	27:27
3.	Matt Roessner	21:55	50.	Jerod Long	27:28
4.	Michael Hoblet	21:56	51.	Mitch Harper	27:29
5.	Eric Ade	22:07	52.	Tom Striggow	27:43
6.	Mike Fruchey	22:14	53.	John Cramer	28:11
7.	Nolan Richhart	22:23	54.	Joey Maus	28:17
8.	Ryan Schneiders	22:26	55.	Dennis Core	28:21
9.	Steve Leffers	22:29	56.	Tom Carpenter	28:23
10.	Danny Joseph	22:45	57.	Les Brown	28:28
11.	Eric Marqueling	22:57	58.	Jeff Maus	28:32
12.	Mike Schoudel	23:11	59.	Todd Miller	28:51
13.	Alvin Langhals	23:29	60.	Joseph Garlock	29:07
14.	Phil Suelzer	23:38	61.	Brian Rowland	29:17
15.	Sean Hart	23:43	62.	Dave Wolff	29:30
16.	Matt Heizman	23:57	63.	Denise Hammons	30:11
17.	Carl Hansen	24:06	64.	Misti Hammons	30:12
18.	Gary Williams	24:09	65.	Sean Leffers	30:18
19.	Jeremy Olson	24:12	66.	Mark Allstaeter	30:23
20.	Dan Leffers	24:23	67.	Phillip Cowan	30:25
21.	Carl Miller	24:26	68.	Kyle Ranyak	30:43
22.	Jason Maus	24:29	69.	Lynn Armstrong	30:46
23.	Gary Cohee	24:35	70.	Sara Seggerson	30:55
24.	Jim Robinson	24:36	71.	Gwen Schmiederbusch	30:56
25.	Gary Rower	24:39	72.	Tim Giffin	31:20
26.	Paul Cearns	24:45	73.	Rick Sealscott	31:22
27.	Dan Kaufman	24:45	74.	Zach Strayer	32:19
28.	Nick Keuneke	25:15	75.	Ed Reinemeyer	32:57
29.	Mat Fuerst	25:20	76.	Mark Ranyak	33:41
30.	Richard Barton	25:33	77.	Tommy Nichols	33:59
31.	Josh Miller	25:40	78.	William McGee	34:58
32.	Jeff Etgen	25:44	79.	Patrick McMichael	35:06
33.	Dewey Fuerst	25:45	80.	Tina Graham	35:37
34.	Toby Strayer	25:54	81.	Jennifer Sterling	36:24
35.	Tim Miller	26:01	82.	Ann Bragg	36:47
36.	Dan Dardio	26:03	83.	Gary Selking	36:55
37.	Brendon Moody	26:04	84.	Teri Robinson	37:45
38.	Patrick Waltmire	26:27	85.	Robert Cooper	38:04
39.	Steve Roessner	26:33	86.	Katie Garlock	38:51
40.	Allen Neubauer	26:34	87.	Ian Miller	41:45
41.	Mark Cook	26:40	88.	Laura Rower	41:51
42.	Clayton Spring	26:50	89.	Erin Scheidt	53:06
43.	Bill Suter	26:56			
44.	Doug Hohenberger	26:57			
45.	Marcus Plikerd	26:59			
46.	David Higgs	27:05			
47.	Randy Curtiss	27:21			

FT WAYNE WOMEN'S BUREAU
FT WAYNE, IN

RUNNERS ON PARADE
JULY 12, 1997

PL	FEMALE 15 & UNDER	OV	TIME	PL	FEMALE 20 - 29	OV	TIME	PL	FEMALE 30 - 39	OV	TIME	PL	FEMALE 40 & OVER	OV	TIME
1	HEIMANN, AMBER	102	20:57	14	CORNER, MICHELLE	246	24:58	1	SCHMIDT, MARSHA	241	24:48	1	JACOBS, POLLY	366	36:35
2	SANDERS, MOLLY	105	20:59	15	FINDERSON, TERRA	249	25:01	2	FENNIG, MARY	255	25:20	2	FENNIG, MARY	255	25:20
3	BEUSCHER, LEANN	139	21:44	16	PANNING, SHELLY	251	25:13	3	SCROGHAM, BARB	271	26:04	3	SCROGHAM, BARB	271	26:04
4	FLORA, DARCY	171	22:34	17	BOYER, ANNE	262	25:43	4	KLEINKNIGHT, SARAH	344	30:36	4	KLEINKNIGHT, SARAH	344	30:36
5	JACOB, NICOLE	177	22:52	18	THESSIN, KONNIE	267	25:59	5	PANNING, JEAN	349	31:24	5	PANNING, JEAN	349	31:24
6	FOWLER-FINN, MEGHAN	182	22:57	19	PETRO, SUSAN	288	26:51	6	FLENER, JOANNA	365	36:15	6	FLENER, JOANNA	365	36:15
7	O'NAN, EMILY	184	23:01	20	PIERCE, MOLLY	295	27:15	7	HUGENARD, LYNNE	370	45:47	7	HUGENARD, LYNNE	370	45:47
8	HERNANDEZ, EMILY	215	23:52	21	HUNT, ANGIE	306	27:51	8	CROWL, GLADYS	374	48:10	8	CROWL, GLADYS	374	48:10
9	SHAFFER, JENNA	242	24:50	22	REID, ERIN	317	28:24	9	PALMER, VICKIE	373	48:03	9	PALMER, VICKIE	373	48:03
10	RHOADES, LINDSAE	244	24:52	23	MCCAGUE, DAWN	323	28:42	10	MCCONNELL-BURNE, HEATHER	258	25:31	10	MCCONNELL-BURNE, HEATHER	258	25:31
11	BALLINGER, BROOKE	265	25:57	24	STEENBERG, TRESA	331	29:07	11	VENDERLEY, SHERRY	270	26:03	11	VENDERLEY, SHERRY	270	26:03
12	FLORA, MEGAN	269	26:01	25	BAGLE, CHRISTY	333	29:18	12	SHIVE, MICHELLE	280	26:23	12	SHIVE, MICHELLE	280	26:23
13	JONES, ELISE	274	26:11	26	CHRISTOPHEL, LEESSA	334	29:24	13	MINTCHELL, JUNE	281	26:27	13	MINTCHELL, JUNE	281	26:27
14	GRIEWANK, ANNE	275	26:14	27	BAKER, STACY	335	29:24	14	SCOTT, RAMONITA	282	26:32	14	SCOTT, RAMONITA	282	26:32
15	PESCI, LAURA	278	26:18	28	BUCK, PENNY	340	29:58	15	AARON, PAM	302	27:39	15	AARON, PAM	302	27:39
16	BALTES, EMILY	279	26:19	29	CARROLL, JJ	355	32:18	16	KANDY, COAY	312	28:11	16	KANDY, COAY	312	28:11
17	TROWBRIDGE, JAMIE	307	27:52	30	GIBSON, JENNIFER	360	33:18	17	BLACKWELL, JODY	325	28:47	17	BLACKWELL, JODY	325	28:47
18	BALTES, ELIZABETH	315	28:19	31	STEIFMEYER, CHERI	347	31:20	18	MANGANNO, LINN	326	28:50	18	MANGANNO, LINN	326	28:50
19	BRYAN, ALLISON	337	29:38	32	JOHNSON, SUSAN	351	31:28	19	TOWNSEND, TAMMY	336	29:30	19	TOWNSEND, TAMMY	336	29:30
20	SANDERS, ERIN	338	29:39	33	BUCK, PENNY	340	29:58	20	PAYNE-RICHARDSON, MISHA	343	30:35	20	PAYNE-RICHARDSON, MISHA	343	30:35
21	MALOTT, HEIDI	348	31:22	34	CHRISTOPHEL, LEESSA	334	29:24	21	STEIFMEYER, CHERI	347	31:20	21	STEIFMEYER, CHERI	347	31:20
22	MCCAGUE, KARISTEN	363	35:13	35	KWIT, DINA	106	21:00	22	JOHNSON, SUSAN	351	31:28	22	JOHNSON, SUSAN	351	31:28
					1	DUFF, ANNE	95	20:45							
					2	KWIT, DINA	106	21:00							
					3	MCCONNELL, SUE	169	22:31							
					4	ROBINSON, SHELLY	174	22:43							
					5	MILLEMAN, BARBARA	208	23:40							
					6	ASPACHER, KIMBERLY	228	24:07							
					7	FRAIN, ANGEL	229	24:09							
					8	OSBORN, EILEEN	230	24:14							
					9	MCCONNELL-BURNE, HEATHER	258	25:31							
					10	WINN, VALERIE	259	25:33							
					11	VENDERLEY, SHERRY	270	26:03							
					12	SHIVE, MICHELLE	280	26:23							
					13	MINTCHELL, JUNE	281	26:27							
					14	SCOTT, RAMONITA	282	26:32							
					15	AARON, PAM	302	27:39							
					16	KANDY, COAY	312	28:11							
					17	BLACKWELL, JODY	325	28:47							
					18	MANGANNO, LINN	326	28:50							
					19	TOWNSEND, TAMMY	336	29:30							
					20	PAYNE-RICHARDSON, MISHA	343	30:35							
					21	STEIFMEYER, CHERI	347	31:20							
					22	JOHNSON, SUSAN	351	31:28							
					23	PANNING, TAMMY	368	37:22							
					24	PALMER, VICKIE	373	48:03							

PL	FEMALE 40 - 49	TIME
1	CONNELLY, DENISE	163
2	FOWLER-FINN, SUE	203
3	SUELZER, PHYLLIS	205
4	KILE, RHONDA	216
5	PLEUS, KATHY	236
6	BOBAY, LYNN	273
7	COZAD, KAY	277
8	YADON, SHARON	284
9	BOCK, CATHY	287
10	KAUFMAN, SUSAN	290
11	JONES, FRAN	294
12	TRELEAVEN, DEBBIE	300
13	SALFRANK, BEV	303
14	JACOBS, VICKIE	304
15	LINDSAY, MARY	320
16	SANDERS, JENNY	322
17	FRAZE, ANN	328
1	HARDWAY, SCOTT	2
2	PEFFLEY, NATHAN	7
3	BAUFERMAN, DAVE	11
4	FENNIG, JON	26
5	BAILEY, JUSTIN	49
6	LEININGER, DEREK	52
7	O'CONNOR, ANDY	53
8	LITZENBERG, ANDY	68
9	MCKEIGHEN, MIKE	70
10	DEXHEIMER, MATT	73
11	PERKINS, JOE	86
12	JOHNSON, SAM	89
13	FRIEZE, TROY	92
14	HOGG, PETER	94
15	KLOFFENSTEIN, ADAM	97
16	ESHELMAN, PAUL	99
17	PINKERTON, MARK	128
18	HAWKS, ADAM	137
19	ZEPEDA, CHRIS	159
20	LEFFERS, SEAN	166
21	FISCHER, BEN	170
22	JUSTICE, JACOB	188
23	REITHMILLER, JOEL	197
24	SANDERS, JOEL	200
25	BARKER, CRAIG	214
26	PIDGEON, BENJAMIN	220
27	MESSMAN, CODY	227
28	SUELZER, JOE	234
29	EDWARDS, RYAN	252
30	PAINE, ROBERT	254
31	JUSTICE, JORDAN	263
32	SHADLE, JEREMY	272
33	OBBERGFEIL, KYLE	283
34	LUDWISKI, THOMAS	316
35	MCCAGUE, SCOTT	359
36	TROWBRIDGE, ADAM	361
37	PINKERTON, LUKE	362

PL	FEMALE 40 - 49	TIME
1	LOCHNER, BARB	339
2	BRADLEY, JEAN	345
3	STROMSKI, CHERYL	346
4	YODER, SHERRY	350
5	POST, DIANE	358
6	RICHART, NOLAN	6
7	HEIMANN, KYLE	22
8	NIDLINGER, JON	23
9	KLOFFENSTEIN, CARL	30
10	HEATON, JUSTIN	31
11	WEISS, BRANDON	32
12	PETTIGREW, NATHAN	34
13	DAVIC, ANTHONY	35
14	VOORHEIS, JASON	36
15	SCHMITZ, ANDREW	38
16	TIPTON, BRETT	39
17	MILLIS, JOHN	40
18	GUEBAR, MATTHEW	42
19	CAMPBELL, JOSH	46
20	SORG, JASON	47
21	MCCREARY, ANDY	61
22	MCFARREN, JODY	62
23	GFEIL, KEVIN	65
24	MOSSBURG, ANDREW	66
25	LESSER, SIMON	67
26	GARCIA, JOE	71
27	BOND, JASON	72
28	HALE, ANDREW	75
29	HOGG, JOHN	76
30	BEASLEY, ANDRE	78
31	COMBS, JJ	81
32	CRONIN, ANTHONY	82
33	FOWLER-FINN, WES	84
34	LEFFORGE, SCOTT	87
35	LOWDEN, CHRIS	90
36	KNOWLES, KAIN	98
37	LUNG, JEREMY	107
38	STOOKEY, JON	111
39	MOSSBURG, MATT	136
40	HOELSSTRA, JONATHAN	154
41	NEILL, STUART	179
42	SANDERS, CHARLIE	183
43	BROWN, MATT	212
44	BRADLEY, JACOB	218
45	MILLER, DUSTY	222
46	SHOFF, JASON	247
47	STAKER, BENJAMIN	248
48	LEE, JON	268

PL	FEMALE 40 - 49	TIME
1	LOCHNER, BARB	339
2	BRADLEY, JEAN	345
3	STROMSKI, CHERYL	346
4	YODER, SHERRY	350
5	POST, DIANE	358
6	RICHART, NOLAN	6
7	HEIMANN, KYLE	22
8	NIDLINGER, JON	23
9	KLOFFENSTEIN, CARL	30
10	HEATON, JUSTIN	31
11	WEISS, BRANDON	32
12	PETTIGREW, NATHAN	34
13	DAVIC, ANTHONY	35
14	VOORHEIS, JASON	36
15	SCHMITZ, ANDREW	38
16	TIPTON, BRETT	39
17	MILLIS, JOHN	40
18	GUEBAR, MATTHEW	42
19	CAMPBELL, JOSH	46
20	SORG, JASON	47
21	MCCREARY, ANDY	61
22	MCFARREN, JODY	62
23	GFEIL, KEVIN	65
24	MOSSBURG, ANDREW	66
25	LESSER, SIMON	67
26	GARCIA, JOE	71
27	BOND, JASON	72
28	HALE, ANDREW	75
29	HOGG, JOHN	76
30	BEASLEY, ANDRE	78
31	COMBS, JJ	81
32	CRONIN, ANTHONY	82
33	FOWLER-FINN, WES	84
34	LEFFORGE, SCOTT	87
35	LOWDEN, CHRIS	90
36	KNOWLES, KAIN	98
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PL	NAME	TIME
1	MCMANUS, MIKE	16:08
2	LEFFERS, STEVE	16:57
3	SCHNIEDERS, JOHN	17:10
4	CURTS, BOB	17:18
5	DILLER, TERRY	17:26
6	BEASLEY, JON	17:44
7	RISCH, CARL	17:59
8	WALTER, KEITH	18:20
9	EMETT, DALE	18:31
10	DUFF, LENNY	18:56
11	FORMAN, MARK	19:00
12	KEISTER, BRYAN	19:04
13	SHAFFER, PAUL	19:12
14	JACOB, ED	19:24
15	ENGLER, MIKE	20:02
16	DECHERT, JEFFREY	20:36
17	WHITMEN, JIM	20:53
18	ELDER, TROY	21:03
19	MCNEELEY, BILL	21:04
20	MCCONNELL, STEPHEN	21:15
21	BMONSON, DAVID	21:18
22	BULTEMEYER, RYAN	21:19
23	WALKER, MIKE	21:21
24	VACHON, RANDY	21:23
25	DEVAUX, HAROLD	21:26
26	CONRAD, STEVE	21:34
27	ROONEY, BILL	21:45
28	MCMAHON, STEVE	21:52
29	TOLSON, CHARLES	22:02
30	HANS, MATT	22:04
31	STEARNS, TODD	22:07
32	GIDLEY, MARK	22:10
33	KURTZ, GREG	22:18
34	EYERS, STEVE	22:41
35	WHITMAN, DEAN	23:02
36	O'NAN, STEVE	23:18
37	HARDWAY, DON	23:25
38	CRAWFORD, KLINT	23:29
39	HAPKE, JON	24:00
40	DORNSEIF, LOU	24:21
41	GLASS, BRIAN	24:47
42	BERTL, VICTOR	25:15
43	RHOADES, STEVE	25:21
44	GAYER, KELLY	25:23
45	PONTECARLO, JOHN	25:38
46	CLEVELAND, THOMAS	26:44
47	THOMPSON, JAMES	27:04
48	BURNE, JEREMY	28:26
49	GERBER, MARK	28:29
50	NEHRIG, BRIAN	30:08
51	HAMILTON, MARK	32:02

PL MALE 30 - 39

OV TIME

PL	NAME	TIME
1	FRUCHEY, MICHAEL	16:46
2	METZ, STEVE	17:06
3	STEINER, PHILLIP	17:11
4	MURPHY, ALLEN	17:15
5	MAYS, MARK	17:31
6	SCHILDBACH, ERIC	17:39
7	OSBORN, JASON	17:40
8	THOMAS, BRAD	17:45
9	FOOTE, DAVID	18:42
10	MARKS, CHRIS	19:23
11	PANNING, DAVID	19:53
12	MCKEIGHEN, MATTHEW	20:07
13	YOUNG, DAVID JR	20:24
14	FERRIS, ANDY	20:39
15	STINE, ERIC	20:58
16	STAFFORN, PETER	21:14
17	LEFFEL, JASON	21:27
18	HEBEGGER, STEVE	21:31
19	GLASS, ZACHARY	21:39
20	TITUS, TOM	21:40
21	KINTZ, JEFF	22:06
22	CASIANO, MICHAEL	22:44
23	GERKE, JEFF	22:55
24	BOLINGER, BRIAN	23:19
25	EMCH, DAVID	23:24
26	MCGINNIS, ERIC	23:38
27	KORTOKRAX, STEVEN	25:07
28	STEENBERG, DAVID	27:26
29	READER, LUCA	27:38
30	SWENSON, MARTIN	28:39
31	SHITTE, TOBY	32:19

PL MALE 20 - 29

OV TIME

PL	MALE 40 - 49	OV	TIME
1	PEARSON, HAL	13	17:17
2	WILSON, ROGER	21	17:32
3	ZUMBAUGH, TIM	29	17:48
4	SUELZER, PHIL	37	18:05
5	HANSEN, CARL	41	18:13
6	KAUFMAN, DAN	44	18:25
7	PEARSON, JED	48	18:35
8	DEXHEIMER, GARY	51	18:43
9	TATE, NEIL	54	18:48
10	LOCHNER, KEVIN	69	19:34
11	TIERNON, TED	80	20:08
12	STOFFEL, FRED	83	20:13
13	FRIEND, GREG	101	20:54
14	BARMAN, MICHAEL	103	20:58
15	POWELL, JOHN	113	21:14
16	SCHLATTER, JON	124	21:29
17	TOTH, BOB	125	21:29
18	MCFARREN, GARY	126	21:30
19	FELTS, TOM	131	21:33
20	CLARK, BRENT	143	21:53
21	BOGENSCHUTE, STEVE	145	21:58
22	BOBAY, CRAIG	146	21:59
23	VANLEE, DAVE	147	22:00
24	PATTERSON, JOE	151	22:05
25	HAWKS, RICK	157	22:11
26	STUMP, KEN	158	22:13
27	HUNTEMAN, RICK	160	22:15
28	BITTING, ROBIN	162	22:16
29	CORONA, STEVE	165	22:19
30	KLOPFENSTEIN, DENNIS	172	22:38
31	LANDIS, TOM	189	23:09
32	KONZEM, DICK	191	23:13
33	COWAN, DAVID	196	23:20
34	SVARCZKOPF, CHRIS	201	23:28
35	BELLEPERCHE, TOM	231	24:16
36	GOODSPEED, TERRY	243	24:51
37	KEELING, JEFF	260	25:36
38	LUDWISKI, STEVEN	264	25:53
39	JONES, RICHARD	266	25:58
40	SHERMAN, RICK	292	27:09
41	KELLER, DON	299	27:27
42	MINTCHELL, RICH	305	27:49
43	EWING, THOMAS	309	27:57
44	WERKING, CRAIG	324	28:44
45	FRAZE, STAN	329	28:53
46	HERMANN, PAT	341	30:01
47	SCHORTGEN, TONY	352	31:54
48	BRIDGES, BILL	353	32:01
49	KRACH, ROBERT	357	32:26
50	HILL, JERRY	364	36:14
51	BORK, GREG	372	47:16

PL	MALE 50 - 59	OV	TIME
1	PLEUS, GORDON	57	19:01
2	BOYLAN, DAVE	108	21:02
3	SHENFELD, DICK	112	21:13
4	CRANE, BILL	127	21:30
5	BURGETTE, BERNIE	133	21:38
6	PERERSON, BARRIE	149	22:03
7	SEIGER, JACK	155	22:09
8	ADKISON, STEVE	168	22:30
9	RICKARD, JERRY	206	23:35
10	CLARK, JOSEPH	210	23:43
11	CUTSHALL, DEAN	213	23:47
12	STAMWITZ, DALE	221	23:56
13	HARNLY, DICK	225	24:01
14	BRIER, JOHN	226	24:04
15	BOCK, GEORGE	289	26:52
16	BURNS, STEVE	293	27:13
17	BUTLER, STEVIE	298	27:27
18	MILLER, DAVID	308	27:55
19	AGNESS, TOM	313	28:15
20	DITNER, HAROLD	314	28:18
21	DEMERCHANT, PAUL	330	28:55
22	PAINE, BOB	332	29:12

PL	MALE 60 - 69	OV	TIME
1	SCHMIDT, BILL	96	20:50
2	ZIEGLER, JOE	130	21:33
3	LOOMIS, BOB	235	24:23
4	MYERS, ALTON	296	27:24

PL	MALE 70 & OVER	OV	TIME
1	ANDERSON, DON	176	22:46
2	DISLER, KEN	310	28:07
3	FLEETWOOD, CHET	311	28:08

Volunteers

Jerry Diehl
 Mike Callahan
 Judy Tillapaugh
 Paul Knott
 J.P. Jones
 Joyce Hockensmith
 Bill Sohaski
 Bob Hockensmith
 Tom Deal

**HAMILTON CLASSIC 5K
RESULTS
17th Annual
Hamilton, Indiana
Saturday July 5, 1997**

Men's Overall Winner

Mike Cole 16:15

Women's Overall Winner

Melissa Lyne 18:54

Pee-Wee Winners:

Boy's - Jeziah Justice
Girl's - Marisa Akerman

Age Group Winners

Men 18 & younger

1.	King Oberlin	16:54
2.	Jeff Nidlinger	17:06
3.	Carl Klopfenstein	17:41
4.	Rick Hammer	17:43
5.	Shane Ross	18:13
6.	Derek Reynolds	18:21
7.	Jason Runyan	19:46
8.	Danny Grill	*
9.	Adam Hanna	20:09
10.	Toby Stark	20:35
11.	Andy Frey	20:46
12.	Arthur Klopfenstein	21:20
13.	Ben Laudick	22:13
14.	Jacob Justice	22:23
15.	Brad Scott	23:08
16.	Zack Faulkner	23:18
17.	Nick Aldrich	23:33
18.	Mathew Justice	25:20
19.	Clint Paine	29:26
20.	Daniel Jacobsen	29:42

Men 19-29

1.	Mike Cole	16:15
2.	Phillip Steiner	16:48
3.	Brian Cashdollar	19:43
4.	Greg Glasper	20:34
5.	Steven Stamper	20:50
6.	Greg Cranston	20:55
7.	Collier Cannon	20:56
8.	Jon Champion	22:38

Men 30-39

1.	Paul Furniss	17:13
2.	Martin Rotcher	17:59
3.	Jim Ferrier	18:29

Men 30-39 Continued.....

4.	Tim Glasper	18:35
5.	William Funk	20:23
6.	Patrick O'Beirne	20:53
7.	Louie Ortiz	21:33
8.	John Wagner	21:49
9.	David Grandin	22:16
10.	Rick Collins	24:36
11.	Steven Bloir	26:05

Men 40-49

1.	Paul Beckwith	18:43
2.	John Treleaven	19:15
3.	Bob Womack	20:02
4.	Steve Laudick	20:28
5.	Rick Gilbert	20:48
6.	Keith Bobay	21:12
7.	James Scott	21:41
8.	John Luttmann	22:02
9.	Dennis Klopfenstein	22:16
10.	Craig Bobay	22:20
11.	Stan Miller	22:30
12.	Warren Abadie	22:40
13.	Keith Miller	23:16
14.	Ross Falkowski	23:34
15.	Jeffrey Fouse	23:52
16.	Brian Miller	25:08
17.	Lynn Bobay	26:29
18.	Michael Biegas	26:46
19.	Ned Compton	27:40
20.	Roger Okealey	33:08

Men 50-older

1.	Ron O'Beime	23:55
2.	Karl Dietsch	25:46
3.	Jim Louvo	27:34
4.	Tom Compton	28:03
5.	Ron Notycka	28:21
6.	Steve Keeslar	29:35
7.	Bob Paine	29:48
8.	Larry Gurtner	31:31
9.	Virgil Sanders	31:47
10.	Tom O'Beirne	32:41

Women 18 & younger

1.	Kelly Henderson	21:15
2.	Kimberly Minnich	22:12
3.	Julie Bearman	22:37
4.	Laura Hammer	23:46
5.	Christine Schouldel	23:50
6.	Abby Haughey	24:11
7.	Laura Pesci	25:24
8.	Kristy Laudick	27:22
9.	Erika Dickinson	27:26

Hamilton Classic 5K Women 18 & Younger

10.	Claire Compton	28:02
11.	Gina Ruch	28:20
12.	Jennifer Justice	31:51

HEART BEAT FESTIVAL 4 MILE

Columbia City, Indiana

May 10, 1997

Women 19-29

1.	Melissa Lyne	18:54
2.	Kimberly Peinoell	24:02
3.	Julie Johns	25:26
4.	Cindy Compton	27:41
5.	Michelle Young	29:35
6.	Liz Rossner	32:40

Women 30-39

1.	Connie Mattix	19:50
2.	Amy Hile	22:34
3.	Julie Akerman	28:00
4.	Lisa Archbold	32:27
5.	Jill Iseler	*

Women 40-49

1.	Kathy Hastings	25:23
2.	Judy Sanders	26:09
3.	Deborah Falkowski	26:21
4.	Debbie Clarkson	26:49
5.	Debbie Treleavan	28:04
6.	Rose Palmer	28:10
7.	Julianne Bobay	28:43
8.	Pam O'Beirne	32:40
9.	Jodee Noe	35:48

Women 50 & older

1.	Kathleen Kirby	25:13
2.	Maris Sebastian	35:11

*Note: No time was provided by the race director for two of the finishers.

However, all runners are listed in finishing order by age group.

RACE REPORT
Van Wert Peony Fest 5K
June 7, 1997

Laura Broerman reported on this event. It was her first race in 9 years! the day was overcast, 70 degrees, with a few sprinkles. Laura's husband, Dave also ran the race which saw her finishing in 30:00. The part Laura liked the best was that there were not many women in her age group and she ended up receiving a trophy.

Laura commented on the support she received from other runners. since she had not raced in a while, she wanted to stop several times but there was always someone saying, "You're doing great-keep going!"

She's glad that she did.

P I	Time	Name	Division
1.	20:11.7	Brian Shepherd	30-39**
2.	20:27.9	Ron Sharp	30-39
3.	23:39.1	John Parson	14-under
4.	23:46.0	Sam Vargas	19-29*
5.	23:48.0	Jed Pearson	40-49*
6.	23:52.9	Gordon Pleus	50-59*
7.	24:57.4	Gary Dexheimer	40-49
8.	25:35.4	David Foote	19-29
9.	25:42.6	Chris Marks	19-29
10.	25:59.2	Fred Stoffel	40-49
11.	26:35.7	Andy Reed	15-18*
12.	26:51.7	Paul Ausderan	40-49
13.	26:54.2	Mitch Harper	40-49
14.	27:20.9	Bill Crane	50-59
15.	27:28.1	DeWain Cobbs	50-59
16.	27:29.3	Steve Eysers	30-39
17.	28:05.6	Deb Byers	40-49**
18.	28:10.1	Joel Schartzter	50-59
19.	28:15.0	Rebecca Minthorn	19-29*
20.	28:22.7	Eddie Lee	40-49
21.	28:29.1	Betty Nelson	50+*
22.	28:33.4	Christopher Fowler	40-49
23.	28:36.3	Barry Baumbaugh	40-49
24.	28:38.0	Troy Elder	30-39
25.	29:54.3	Jay Lynn	30-39
26.	30:45.6	John Sturtevant	60-69*
27.	30:55.7	Eric McGinnis	19-29
28.	31:05.2	Steve Henry	40-49
29.	31:11.1	Tim Stoffel	14&under
30.	31:21.8	Robbin Mauger	30-39*
31.	31:22.9	Don Lindley	50-59
32.	32:05.8	Liz Fergusson	29-29
33.	32:06.2	Troy Sands	19-29
34.	32:31.9	Chuck Hodges	60-69
35.	32:39.6	Kathy Pleus	40-49
36.	32:26.6	Susan Peterson	40-49
37.	33:59.7	MaryBeth Johnson	19-29
38.	34:21.0	Deb Straub	40-49
39.	34:55.4	Jodi Chambers	19-29
40.	35:10.7	Tony Hull	14&under
41.	35:23.4	Joan Gary	50+
42.	35:24.8	Deb Kunish	40-49
43.	36:16.3	Lisa Schnorr	30-39
44.	36:16.8	James Pepler	60-69
45.	37:33.2	Robin Henry	30-39
46.	37:41.6	E.A. Gebhart	50-59
47.	37:43.3	Ty Murphy	40-49
48.	38:05.5	Ken Disler	70+*
49.	40:30.8	Dan Daniel	60-69
50.	40:52.2	Sarah Kleinknight	50+
51.	41:02.5	Kandy Gay	30-39
52.	41:03.2	Tammy Townsend	30-39
53.	41:33.7	Emily Ruse	15-18*
54.	43:17.7	Jana Lynch	30-39
55.	43:33.3	Cynthia Zuercher	30-39
56.	43:59.5	Diane Post	40-49

* denotes age division winners

**denotes overall men's & women's winners

Fort Wayne Children's Zoo
RunWild! 4-Mile Run
July 4, 1997
Fort Wayne, Indiana

Div	Name	City	O.A.	Time
<u>Female 14 and Under</u>				
1	Nolting, Katie	Fort Wayne, IN	119	27:45.8
2	Copeland, Kelli	Danville, IN	193	29:51.0
3	Keener, Ashley	Butler, IN	194	29:53.1
4	Hernandez, Emily	Fort Wayne, IN	195	29:58.9
5	Knisely, Robin	Fremont, IN	227	31:12.1
6	Stoffel, Heather	Huntington, IN	232	31:20.6
7	Bock, Christian	Fremont, IN	262	32:33.3
8	Trowbridge, Jamie	Fort Wayne, IN	265	32:44.0
9	Ryan, Tricia	Fort Wayne, IN	291	33:49.4
10	Butler, Tracy	Fort Wayne, IN	304	34:50.0
11	Dahl, Jennifer	Fort Wayne, IN	340	37:03.4
12	Stellhorn, Brittany	Fort Wayne, IN	346	37:27.6
13	Jones, Monica J	Fort Wayne, IN	362	39:47.5
14	Jones, Kimberly	Odessa, MO	363	39:51.1
15	Lelonek, Katie	Fort Wayne, IN	389	45:55.8
16	Hohe, Caitlin	Huntington, IN	391	48:30.5
17	Jones, Sarah M	Fort Wayne, IN	393	54:15.8
18	Baker, Catie	Fort Wayne, IN	399	
01:05:26.1				
19	Sommer, Alaina	Fort Wayne, IN	402	
01:13:16.9				

<u>Female 15 - 19</u>				
1	Corona, Evelyn	Fort Wayne, IN	59	25:18.0
2	Widmann, Molly	Fort Wayne, IN	62	25:26.9
3	Sanders, Molly	Fort Wayne, IN	74	26:04.5
4	Oster, Nichole	Garrett, IN	99	27:07.8
5	Pesci, Lisa M	Fort Wayne, IN	115	27:36.4
6	Hawks, Becca	Fort Wayne, IN	123	27:48.8
7	George, Heather	Auburn, IN	155	28:30.3
8	Carr, Jackie	Fort Wayne, IN	160	28:37.2
9	Souder, Janet	Fort Wayne, IN	162	28:39.3
10	Weide, Sarah	Fort Wayne, IN	182	29:22.4
11	Dunning, Audrey	Leo, IN	201	30:10.5
12	Lash, Laura	Fort Wayne, IN	211	30:35.3
13	Green, Rachel	Fort Wayne, IN	218	30:50.6
14	Simcox, Rachel A	Fort Wayne, IN	228	31:17.6
15	Rhoades, Lindsay	Avila, IN	233	31:22.4
16	Smith, Rachel	Grabill, IN	237	31:35.8
17	Mausser, Sara	Fort Wayne, IN	258	32:25.8
18	Eck, Sara M	Fort Wayne, IN	263	32:37.5
19	Nash, Amy	Montpelier, IN	274	33:20.9
20	Arnold, Kyan	Liberty Center, IN	275	33:21.9
21	Miller, Jennifer	Fort Wayne, IN	319	35:25.7
22	Kisiel, Natalie	Fort Wayne, IN	355	38:22.1
23	Baeverstad, Katrina	Fort Wayne, IN	372	41:09.8
24	McCune, Shauna	Keystone, IN	382	42:52.8
25	Jones, Anne	Overland Park, KS	395	
01:01:29.8				

<u>Female 20 - 24</u>				
1	Harkenrider, Trina	Fort Wayne, IN	144	28:14.1
2	Mays, Amy L	Fort Wayne, IN	146	28:16.1
3	Suever, Nikki	Fort Wayne, IN	161	28:38.1
4	Pickett, Stefanie	Fort Wayne, IN	181	29:21.7
5	McCune, Holly M	Keystone, IN	185	29:36.7

<u>Female 20-24</u>				
6	Fergusson, Liz	Columbia City, IN	200	30:09.0
7	Marqueling, Amy	Fort Wayne, IN	221	30:56.7
8	Ryan, Marci	Fort Wayne, IN	231	31:20.0
9	Henderson, Jen	Fort Wayne, IN	296	34:10.5
10	Treace, Connie	Fort Wayne, IN	354	38:18.7
11	Yager, Sarah	Fort Wayne, IN	365	40:11.0

<u>Female 25 - 29</u>				
1	Davidson, Kim	Fort Wayne, IN	44	24:29.9
2	Fruchey, Naomi	Fort Wayne, IN	93	26:53.2
3	Marentette, Christa	Fort Wayne, IN	94	26:55.1
4	Rogers, Paula	Fort Wayne, IN	129	27:53.1
5	Jinks, Sally	Fort Wayne, IN	217	30:43.5
6	Black, Tonya	Fort Wayne, IN	225	31:02.3
7	Barbaro, Angie	Fort Wayne, IN	255	32:16.0
8	Baker, Amy	Fort Wayne, IN	269	32:54.4
9	Louis, Karen	Fort Wayne, IN	283	33:33.4
10	Newell, Mary	Fort Wayne, IN	286	33:35.1
11	Barlow, Chris	Fort Wayne, IN	313	35:13.0
12	Lombardo, Amanda	Fort Wayne, IN	314	35:14.8
13	Brandt, Amy	Fort Wayne, IN	315	35:15.5
14	Wilson, Gwen	Fort Wayne, IN	321	35:34.1
15	Hunold-VanGundy, Amy	Fort Wayne, IN	386	43:57.1
16	Smith, Wendy K	Fort Wayne, IN	398	1:05:29.0

<u>Female 30 - 34</u>				
1	Chapman-Smith, Trina	Auburn, IN	102	27:13.0
2	Murphy, Michele	Fort Wayne, IN	166	28:53.0
3	Huxhold, Susan	Fort Wayne, IN	186	29:37.0
4	Meyer, Michelle	Fort Wayne, IN	190	29:48.4
5	Berry, Beth	Fort Wayne, IN	206	30:25.4
6	Baldwin, Lisa	Fort Wayne, IN	222	30:58.0
7	Maddalone, Monica	Fort Wayne, IN	246	31:53.5
8	Lehman, Anita	Decatur, IN	251	32:01.0
9	Gerken, Karen	Fort Wayne, IN	268	32:51.0
10	Goodale, Beth	Muncie, IN	270	33:11.0
11	Kennelly, Karen	Fishers, IN	298	34:14.0
12	McGowan, Cheryl	Fort Wayne, IN	307	35:00.0
13	Trout, Eva	Fort Wayne, IN	311	35:06.0
14	Blackwell, Jody	Fort Wayne, IN	342	37:19.0
15	Daisey, Jennifer	Fort Wayne, IN	351	38:08.0
16	Kelley, Karen	Churubusco, IN	377	41:32.0
17	Wise, Linette	Fort Wayne, IN	380	42:44.0
18	Swenson, Jeni L	Fort Wayne, IN	400	1:05:20.0

<u>Female 35 - 39</u>				
1	Tillapaugh, Judy	Fort Wayne, IN	85	26:27.0
2	Kinder, Melinda	Fort Wayne, IN	156	28:31.0
3	Larsen, Kim	Fort Wayne, IN	177	29:13.0
4	Fox, Lorraine	Fort Wayne, IN	203	30:18.0
5	Bobay, Jill	Fort Wayne, IN	213	30:36.0
6	Milleman, Barbara	Fort Wayne, IN	230	31:19.0
7	Aspacher, Kimberly	Churubusco	254	32:13.0
8	Venderley, Sherry	Fort Wayne, IN	278	33:28.0
9	Anderson, Linda	Fort Wayne, IN	279	33:28.0
10	Kaplanis, Diane	Fort Wayne, IN	281	33:29.0
11	Jacobs, Kim	Hicksville, OH	282	33:32.0
12	Hook, Sue	Garrett, IN	285	33:34.0
13	Mintchell, June	Fort Wayne, IN	293	33:59.0
14	Mills, Jan	New Haven, IN	294	34:01.0
15	Johnson, Tammy	Warsaw, IN	301	34:23.0
16	Bodine, Patricia	Fort Wayne, IN	352	38:13.0
17	Miller, Brenda	Fort Wayne, IN	388	45:27.0

Female 40 - 44

1	Tyson, Madelyn	Fort Wayne, IN	252	32:06.9
2	Peterson, Susan	Albion, IN	284	33:33.9
3	Kuebler, Diana	Leo, IN	290	33:46.7
4	Krouse, Mary	New Haven, IN	312	35:07.4
5	Roberts, Lynn	Roanoke, IN	316	35:16.3
6	Kurish, Deb	Warsaw, IN	349	37:58.7
7	Post, Diane	Fort Wayne, IN	368	40:47.8
8	Dahl, Vickie E	Fort Wayne, IN	370	40:51.5
9	Yoder, Sherry	Fort Wayne, IN	376	41:24.4
10	Scofield, Marlene	Fort Wayne, IN	378	42:41.7
11	Jones, Carol J	Odessa, MO	394	54:16.6
12	Jones, Jane	Overland Park,KS	397	1:01:39
13	Sommer, Cyndi	Fort Wayne, IN	401	1:13:16
14	Munoz, Judy	Fort Wayne, IN	403	1:13:17
15	Stansbury, Debbie	Fort Wayne, IN	404	1:21:17
16	Baker, Mary	Fort Wayne, IN	405	1:21:18

Female 45 - 49

1	Connelly, Denise	Fort Wayne, IN	143	28:13.3
2	Heithaus, Hariet	Crestwood, KY	267	32:47.4
3	Derheimer, Jean	Fort Wayne, IN	271	33:12.1
4	Rickner, Liz	Fort Wayne, IN	302	34:26.5
5	Treleaven, Debbie	Fort Wayne, IN	308	35:00.7
6	Clark, Bobbie	Fort Wayne, IN	322	35:37.6
7	Saalfrank, Bev	Fort Wayne, IN	325	35:42.9
8	Jacobs, Vicki L	Fort Wayne, IN	330	36:16.5
9	Sharp, Belinda	Harlan, IN	336	36:51.8
10	Fraze, Ann	Fort Wayne, IN	348	37:43.4
11	Bradley, Jean	New Haven	356	38:33.5
12	Grunst, Cheri	Grand Rapids, MI	364	39:56.2
13	Lelonek, Diana	Fort Wayne, IN	390	46:08.7

Female 50 - 54

1	Schmidt, Marsha	Fort Wayne, IN	253	32:11.9
2	Lewandowski, Jane	New Haven, IN	329	36:13.8
3	Kleinknight, Sarah	Fort Wayne, IN	360	38:58.7
4	Johnson, Susan	Fort Wayne, IN	375	41:23.5
5	Stedje, Barbara	Fort Wayne, IN	383	43:13.5

Female 65 and Up

1	Jacobs, Polly	Fort Wayne, IN	361	39:04.3
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Male 14 and Under

1	Hardway, Scott	Fort Wayne, IN	5	21:41.9
2	Hogg, Peter	Bluffton, IN	43	24:29.2
3	O'Connor, Andy	Fort Wayne, IN	55	24:55.6
4	Leeuw, Chris	Fort Wayne, IN	65	25:36.4
5	Nestel, Eric	Fort Wayne, IN	70	25:54.5
6	Hawks, Adam	Fort Wayne, IN	135	27:58.0
7	Bender, Sam	New Haven, IN	137	27:59.8
8	Klopfenstein, Adam	New Haven, IN	140	28:09.8
9	Chaykowski, Stephen	Fort Wayne, IN	172	29:04.0
10	Wolter, Jonathan	Fort Wayne, IN	173	29:05.2
11	Pinkerton, Mark	Warren, IN	184	29:35.3
12	Ritter, David	Fremont, IN	210	30:34.7
13	Jones, John Paul	Odessa, MO	216	30:42.8
14	Lelonek, Eddie	Fort Wayne, IN	223	30:59.6
15	McComb, Adam	Fort Wayne, IN	235	31:28.3
16	Zepeda, Chris	Fort Wayne, IN	240	31:38.6
17	Laughlin, Jarod	Fort Wayne, IN	241	31:42.3
18	Stellhorn, Blair	Fort Wayne, IN	249	31:57.7
19	Hunter, Joshua	Fort Wayne, IN	250	31:59.3
20	Blackburn, Chris	Fort Wayne, IN	289	33:38.2
21	Henderson, Justin	Fort Wayne, IN	295	34:07.4

Male 14 & Under

22	Trowbridge, Adam	Fort Wayne, IN	331	36:34.4
23	Ludwiski, Thomas	Fort Wayne, IN	343	37:21.6
24	Houghton, Greg	Fort Wayne, IN	344	37:22.8
25	Buwalda, Marc	Huntertown, IN	345	37:25.2
26	Jones, John Daniel	Overland Park,KS	373	41:11.1
27	Burgauer, Cory	Muncie, IN	387	45:19.0

Male 15 - 19

1	Richhart, Nolan	Woodburn, IN	3	21:18.9
2	Ade, Eric	Fort Wayne, IN	6	21:46.3
3	Peffley, Nathan	Fort Wayne, IN	10	22:14.4
4	Woods, Kevin	Fort Wayne, IN	11	22:14.7
5	Jeffrey, Jeremiah	Fort Wayne, IN	20	22:53.7
6	Fennig, Jon	Decatur, IN	24	23:14.6
7	David, Anthony	Fort Wayne, IN	25	23:17.5
8	Schmitz, Andrew	Fort Wayne, IN	26	23:18.1
9	Gfell, Kevin J	New Haven, IN	27	23:19.0
10	Sory, Jason	Roanoke, IN	30	23:30.4
11	Hogg, John	Bluffton, IN	32	23:34.0
12	McFarren, Jody	Keystone, IN	34	23:42.1
13	Bailey, Justin	Montpelier, IN	38	24:20.9
14	Bennett, Chester	Garrett, IN	42	24:24.7
15	Henderson, Chris	Fort Wayne, IN	45	24:31.8
16	Hetrick, Luke	Fort Wayne, IN	47	24:36.5
17	Lesh, Jeremy G	Markle, IN	48	24:37.1
18	Lefforge, Scott	Bluffton, IN	52	24:43.4
19	McCreary, Andrew	Grabill, IN	53	24:51.7
20	Fisher, Tom	Leo, IN	54	24:52.1
21	Lowden, Chris	New Haven, IN	56	24:57.3
22	Gouty, Alex	Bluffton, IN	60	25:18.8
23	Dexheimer, Matt	Fort Wayne, IN	61	25:21.4
24	Hale, Andrew	Fort Wayne, IN	63	25:27.6
25	Dolsen, Andy	Fort Wayne, IN	64	25:30.8
26	Lung, Jeremy M	Garrett, IN	69	25:51.4
27	James, Andy	Churubusco, IN	72	26:00.9
28	Meeks, David	Liberty Center, IN	73	26:01.5
29	Robertson, Justin	Garrett, IN	76	26:11.4
30	Lesser, Simon	Fort Wayne, IN	78	26:14.7
31	Knowles, Kain	Oniondale	83	26:23.1
32	Copeland, Zach	Danville, IN	97	27:05.5
33	Wallace, Brian	Spencerville, IN	109	27:23.3
34	Pelz, Jon	Spencerville, IN	110	27:24.0
35	Eshelman, Paul	Leo, IN	114	27:32.7
36	Neill, Stuart	Fort Wayne, IN	131	27:54.5
37	Barker, Craig	Fort Wayne, IN	191	29:49.3
38	Brown, Matt	Fort Wayne, IN	202	30:17.4
39	Guido, George	Fort Wayne, IN	207	30:27.2
40	Tyson, Matt	Fort Wayne, IN	256	32:17.6
41	Meyer, Jason	Huntington, IN	273	33:14.8

Male 20 - 24

1	Schmidt, Jeremy	Fort Wayne, IN	2	21:15.0
2	Copeland, Rob	Danville, IN	4	21:30.9
3	Broerman, Dave	New Haven, IN	13	22:32.7
4	King, Dan	Huntington, IN	17	22:44.0
5	Brier, Dan	Fort Wayne, IN	35	24:01.9
6	Whitlock, Thor L	Fort Wayne, IN	75	26:09.3
7	Inniger, Ben	Shipshewana, IN	89	26:36.9
8	Peterson, Brad	Fort Wayne, IN	180	29:21.0
9	Abraham, Mark A	Fort Wayne, IN	323	35:39.1

Male 25 - 29

1	Fruchey, Michael	Fort Wayne, IN	1	20:55.8
2	Schoudel, Mike	Fort Wayne, IN	14	22:33.7
3	Eisert, Kirk	Fort Wayne, IN	16	22:38.9
4	Friedersdorf, Troy	Ossian, IN	33	23:34.6
5	Marks, Chris	Churubusco, IN	46	24:32.3
6	Engler, Mike	Fort Wayne, IN	82	26:21.8
7	Mahoney, Kelly	Elkhart, IN	87	26:31.3
8	Panning, David	Fort Wayne, IN	88	26:34.1
9	Thiel, Michael	Fort Wayne, IN	103	27:17.5
10	McConnel, Steve	Fort Wayne, IN	133	27:55.6
11	Kintz, Jeff	New Haven, IN	165	28:46.9
12	Gerke, Jeff	Fort Wayne, IN	168	28:55.7
13	Baker, Chad	Fort Wayne, IN	236	31:30.7
14	Fergusson, Scott	Fort Wayne, IN	309	35:01.6
15	Treace, Chris	Fort Wayne, IN	353	38:17.3

Male 30 - 34

1	Schneiders, John	Decatur, IN	12	22:17.6
2	Beasleys, Jon	Fort Wayne, IN	19	22:46.4
3	Arens, Dave	Sherwood, OH	21	23:05.1
4	Moya, Ward	Churubusco, IN	22	23:10.4
5	Walter, Keith A	Kendallville, IN	29	23:22.2
6	Shutt, Mike	Fort Wayne, IN	41	24:23.7
7	Nagel, Michael	Defiance, OH	68	25:50.0
8	Pfefferkorn, Mike	Fort Wayne, IN	77	26:12.6
9	Rooney, Bill	Fort Wayne, IN	86	26:30.9
10	Bultemeyer, Ryan	Fort Wayne, IN	105	27:19.5
11	Woenker, Chris	New Haven, IN	113	27:29.1
12	Swenson, David	New Haven, IN	145	28:14.9
13	McMahon, Steve	Fort Wayne, IN	157	28:32.0
14	Pfeiffer, Jerome	Fort Wayne, IN	183	29:23.2
15	Walker, Michael	Fort Wayne, IN	189	29:42.4
16	Dornseif, Lou	Monroeville, IN	224	31:00.1
17	Aerts, Frank	Fort Wayne, IN	226	31:10.7
18	Kehoe, Kerry K	Warsaw, IN	261	32:32.6
19	Guido, Tony	Fort Wayne, IN	266	32:45.7
20	Nehrig, Brian	Fort Wayne, IN	359	38:43.4
21	Barry, Andrew	Fort Wayne, IN	379	42:43.2

Male 35 - 39

1	Diller, Terry R	Fort Wayne, IN	9	22:11.7
2	Keister, Bryan	Fort Wayne, IN	40	24:23.0
3	Ehrenheim, Dean	Fort Wayne, IN	49	24:40.3
4	Beuchel, Pat	Fort Wayne, IN	67	25:42.7
5	Whitman, Jim	Butler, IN	90	26:40.7
6	Berger, Bob	Fort Wayne, IN	92	26:52.4
7	Kobiela, Joseph W	Auburn, IN	104	27:19.0
8	Vachon, Randy	Fort Wayne, IN	106	27:21.0
9	Kraemer, Rob	Fort Wayne, IN	108	27:21.9
10	Whitman, Dean	Fort Wayne, IN	116	27:38.3
11	Grimes, David	New Haven, IN	127	27:52.2
12	Metzger, Jeffrey W	Fort Wayne, IN	128	27:52.8
13	Blauvelt, Tom	Monroeville, IN	141	28:10.5
14	Sensibaugh, Rollan	Fort Wayne, IN	149	28:22.7
15	Conrad, Steve	Fort Wayne, IN	153	28:29.3
16	Freygang, William	Fort Wayne, IN	154	28:29.8
17	Eyers, Steve	S Whitley, IN	159	28:36.9
18	Clark, Richard	Fort Wayne, IN	167	28:54.6
19	DeVaux, Harold S	New Haven, IN	174	29:08.3
20	Hardway, Don	Fort Wayne, IN	187	29:38.7
21	Van Gilder, David	Huntertown, IN	198	30:07.9
22	Lynn, Jay	Fort Wayne, IN	204	30:21.6
23	Taylor, Henry	Fort Wayne, IN	220	30:54.0
24	Lehman, Anthony L	New Haven, IN	229	31:18.7

Male 35-39

25	Soule, Dan	Granger	239	31:37.7
26	Rhoades, Steven	Avilla, IN	280	33:29.1
27	Ryan, Bill	Fort Wayne, IN	317	35:17.3
28	Rider, Matt	Angola, IN	333	36:43.1
29	Ryan, Joe	Fort Wayne, IN	341	37:13.0
30	Corrao, Chris	Fort Wayne, IN	347	37:34.1
31	Griebel, Bob	Fort Wayne, IN	369	40:49.2

Male 40 - 44

1	Pearson, Hal	Albion, IN	7	22:02.9
2	Zumbaugh, Tim	Fort Wayne, IN	8	22:03.7
3	Green, Daniel	Fort Wayne, IN	15	22:34.3
4	King, Calvin L	Fort Wayne, IN	23	23:10.7
5	Plunkett, Rick	Fort Wayne, IN	36	24:07.8
6	Milleman, Jeffery	Fort Wayne, IN	37	24:18.5
7	Tiernon, Ted	Fort Wayne, IN	71	25:59.2
8	Harper, Mitch V	Fort Wayne, IN	81	26:20.4
9	Weikel, David	Fort Wayne, IN	84	26:23.9
10	Gilbert, Rick L	Monroeville, IN	95	27:00.3
11	Schlatter, Jonathan	Fort Wayne, IN	96	27:02.6
12	Summers, Steve	New Haven, IN	107	27:21.5
13	Clark, Brent C	Warsaw, IN	111	27:25.6
14	Bruggeman, Rick	Winona Lake, IN	117	27:44.2
15	Friend, Greg	Fort Wayne, IN	118	27:45.3
16	Rimstidt, Daniel L	Carmel, IN	121	27:46.7
17	Powell, John B	Fort Wayne, IN	124	27:50.0
18	Felts, Tom	Fort Wayne, IN	125	27:50.8
19	Truelove, Kevin	Fort Wayne, IN	130	27:53.6
20	Klinger, Howard	Fort Wayne, IN	132	27:55.1
21	Schowe, Jerry	Fort Wayne, IN	134	27:56.1
22	Bogenschutz, Steve	Fort Wayne, IN	139	28:08.7
23	Miller, Paul	Fort Wayne, IN	150	28:25.2
24	Lefever, Kim A	Columbia City, IN	151	28:27.2
25	Bobay, Craig	Fort Wayne, IN	163	28:42.3
26	Hilker, Stephen M	Fort Wayne, IN	169	28:56.4
27	Nolting, Fred	Fort Wayne, IN	175	29:09.2
28	Klopfenstein, Dennis	New Haven, IN	178	29:15.1
29	Bitting, Robin D	Fort Wayne, IN	179	29:15.6
30	Ryan, Patrick	Fort Wayne, IN	192	29:49.8
31	Anderson, Jim	Fort Wayne, IN	199	30:08.5
32	Landis, Tom	Churubusco, IN	205	30:24.8
33	Wright, Gene A	Elkhart, IN	215	30:42.2
34	Eddie, Rick	Huntington, IN	219	30:53.0
35	Murphy, Mike	Fort Wayne, IN	248	31:55.7
36	Tyson, John	Fort Wayne, IN	257	32:19.1
37	Krouse, Ray	New Haven, IN	260	32:27.9
38	Ludwiski, Steven	Fort Wayne, IN	264	32:38.9
39	Atkinson, Hal	Fort Wayne, IN	277	33:25.3
40	Albright, Thomas	Fort Wayne, IN	326	35:47.1
41	Mintchell, Rich	Fort Wayne, IN	334	36:44.2
42	Hilker, Rick	Fort Wayne, IN	350	38:07.8
43	Baeuerstad, Mark	Fort Wayne, IN	371	41:08.5
44	Hohe, Joseph	Huntington, IN	392	48:32.0

Male 45 - 49

1	Rickner, Gary	Fort Wayne, IN	18	22:46.0
2	Dexheimer, Gary	Fort Wayne, IN	31	23:31.7
3	Troyer, Verton L	Plymouth, IN	50	24:42.0
4	Ford, Don	Boulder, CO	51	24:42.6
5	Treleaven, John	Fort Wayne, IN	57	25:03.8
6	Coonan, Terry	Fort Wayne, IN	58	25:12.9
7	Barman, Michael	Fort Wayne, IN	79	26:16.6
8	Hohenberger, Douglas	Sherwood, OH	80	26:17.1
9	Diehl, Jerald	Ossian, IN	100	27:08.4

Male 45-49

10	Shaffer, Larry W	Fort Wayne, IN	112	27:26.8
11	Weide, Jim	Fort Wayne, IN	120	27:46.2
12	Corona, Steve	Fort Wayne, IN	126	27:51.7
13	Strayer, Dennis	Fort Wayne, IN	138	28:04.3
14	Lewis, Mike	Corunna, IN	142	28:11.5
15	McFarren, Gary	Keystone, IN	147	28:20.3
16	Suever, Russ	Fort Wayne, IN	158	28:35.6
17	Braun, Lon R	Garrett, IN	171	29:03.6
18	Jones, John H	Overland Park,KS	197	30:05.5
19	Conner, Dennis	Huntington, IN	208	30:30.2
20	Johnson, Reg	Warsaw, IN	234	31:27.2
21	Kennerk, Philip G	Fort Wayne, IN	238	31:37.2
22	Goldthwaite, Steve	Fort Wayne, IN	259	32:26.5
23	Cartwright, Thomas	Fort Wayne, IN	287	33:36.1
24	Bobay, Lynn T	Fort Wayne, IN	288	33:37.1
25	Dahl, Bob	Bluffton, IN	299	34:16.7
26	Roberts, Jeff	Roanoke, IN	300	34:20.2
27	Jones, Larry	Odessa, MO	318	35:20.3
28	Keller, Don	Fort Wayne, IN	332	36:40.5
29	Rice, Gary	Garrett, IN	335	36:46.4
30	Sharp, Dean	Harlan, IN	338	36:53.3
31	Piano, Larry	Fort Wayne, IN	339	36:55.5
32	Bradley, Alan	New Haven, IN	357	38:34.5
33	Ryan, Thomas P	Fort Wayne, IN	374	41:15.8
34	Jones, Dennis D	Fort Wayne, IN	396	1:01:39

7	Armstrong, Lynne E	Fort Wayne, IN	214	30:39.2
8	Rolf, Ted	Fort Wayne, IN	242	31:43.8
9	Beckner, Ed	Huntington, IN	244	31:45.7
10	Oden, Gary W	North Manchester,IN	245	31:49.7
11	Rickard, Jerry E	Fort Wayne, IN	247	31:54.2
12	Miller, David	Fort Wayne, IN	305	34:54.1
13	Burns, Steve	Fort Wayne, IN	327	35:56.9
14	Agnes, Tom	Fort Wayne, IN	328	35:58.9
15	Harris, Pat	Fort Wayne, IN	337	36:52.5
16	Meyer, Robert W	Huntington, IN	366	40:15.8
17	Gray, Larry	Monroeville, IN	381	42:50.1

Male 55 - 59

1	Felger, Tom	Fort Wayne, IN	188	29:41.5
2	Ashton, Don	Fort Wayne, IN	272	33:13.0
3	Harris, Bill	Fort Wayne, IN	276	33:23.0
4	Miller, Ken	Fort Wayne, IN	320	35:26.6
5	DeMerchant, Paul	Fort Wayne, IN	324	35:41.4
6	Colburn, Bob	Fort Wayne, IN	367	40:31.9

Male 60 - 64

1	Ziegler, Joe	New Haven, IN	176	29:10.9
2	Huesing, Bernard	Fort Wayne, IN	196	30:03.1
3	Gensheimer, Bob	Fort Wayne, IN	212	30:35.8
4	Rolland, Ian M	Fort Wayne, IN	243	31:44.5

Male 65 and Up

1	Anderson, Don	Fort Wayne, IN	164	28:44.8
2	Hall, Robert	Fort Wayne, IN	292	33:54.5
3	Whitacre, Gene	Fort Wayne, IN	306	34:57.3
4	Disler, Ken	Fort Wayne, IN	310	35:04.0
5	Jones, James P	Fort Wayne, IN	358	38:38.4

Male 50 - 54

1	Brake, Jack	Indianapolis, IN	39	24:22.4
2	Derheimer, Mark	Fort Wayne, IN	91	26:43.4
3	Boylan, Dave	Fort Wayne, IN	101	27:10.8
4	Burgette, Bernie	Fort Wayne, IN	148	28:21.1
5	Peterson, Barrie	Fort Wayne, IN	152	28:27.9
6	Brier, John	Fort Wayne, IN	209	30:31.5

**Kettle Moraine 100 Mile Run**

The Kettle Moraine 100 Mile Run was run at Faule, WI on June 6 & 7. The 4:00 PM start on Friday was perfect. Weather conditions were 65 degrees and sunny (a little humid) on Friday, dropped into upper 50's during the night, and was overcast and rainy on Saturday. There were 89 runners who started, and 54 who completed the distance. The out and back course was run entirely on trails.

My biggest concern going into the run was running by myself and getting lost. Thankfully, I was able to run with 5 other people through the night. I ran the entire way with Bill Hollihan from Beaver Dam, WI. We finished in 25 hours 33 minutes.

I had a great race and I want to extend thank-you's to my trail partners: Don, Judy, JP, John, Mitch, and Jerry. Also thanks to my great crew Jerry Diehl, Mitch Harper, and Joe Gorman.

Happy Trails!
Linda Gorman

**CANAL DAYS 5K RUN
JUNE 7, 1997**

MALES 12-15

1	Stuart Williams	19:03
2	Corey Ritenour	20:09
3	Adam Klopfenstein	20:14
4	Adam Hawks	20:39
5	Peter Ryan	20:40
6	Cody Messman	21:42
7	Joel Sanders	21:46
8	Trent Hullinger	22:11
9	Jared Mason	23:27
10	Scott Wayne	30:07
11	Justin Smeltzey	30:07
12	Josh Cearbaugh	30:07

MALES 16-19

1	Carl Klopfenstein	17:10
2	Derek Ryenolds	17:56
3	Bob Keefer	NA
4	Chris Lowden	18:56
6	Jon Stookey	21:31

MALES 20-24

1	Jeremy Schmidt	15:54
2	Chad Lothomer	NA
3	Adam Jensen	22:06
4	Erin Reid	22:43
5	Bryan Yager	29:54

MALES 25-29

1	Sean Hosfield	20:04
2	Greg Bates	20:23
3	Reed Sturm	21:10
4	Moelle Hans	24:43

MALES 30-34

1	Ken Nelson	17:37
2	Robert Warren	NA
3	Troy Elder	20:55
4	Tom Arnold	21:50
5	Cort Chilian	21:51
6	Randy Brown	21:52
7	Jon Hapke	22:05
8	Andrew Barry	24:35
9	Kevin Hunter	25:36
10	Brian Nehrig	28:14

MALES 35-39

1	Chuck Zumbrun	20:53
2	Jerry Rosamond	21:40
3	Toby Hullinger	21:41
4	Mike Fowler	31:20

MALES 40-44

1	Dan Green	17:31
2	Calvin King	17:54
3	Jeremy Kortenberg	20:00
4	M. Variell	22:50

MALES 45-49

1	Mike Barman	20:03
2	Tony Treat	26:20
3	Rick Sherman	26:39
4	Pete Schultz	30:14
5	Richard Lowden	30:49

MALES 50-54

1	Gary Beck	25:00
2	Tom Agness	27:38

MALES 55-59

1	Dick Josin	24:09
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MALES 60-64

1	Bill Schmidt	20:08
2	Bob Gensheimer	23:26

MALES 70+

1	Chet Fleetwood	31:53
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FEMALE 12 & UNDER

1	Kim Lininger	29:52
2	Jessica Fowler	30:50
3	Sherri Schenkel	31:25

FEMALE 12-15

1	Molly Sanders	20:38
2	Amy Klenke	22:50

FEMALE 16-19

1	Jenifer Reinking	19:35
2	Amy Marqueling	22:47

FEMALE 20-24

1	Amy Mays	21:10
2	Trina Harkenrider	22:04
3	Marci Ryan	25:10
4	Sarah Yager	29:52
5	Heather Hosfield	34:00

FEMALE 25-29

1	Heather Clark	24:00
2	Angie Barbaro	25:00
3	Martina Swenson	26:15
4	Amanda Lombardo	26:43
5	Christina Barlow	27:16
6	Myra Sturm	34:00

FEMALE 30-34

1	Lou Dornseif	24:24
2	Marianne Glick	25:37
3	Shelly Kirkwood	27:09
4	Diana Dishop	29:04
5	Jan Neuman	31:36

FEMALE 35-39

1	Pat Waggoner	20:30
2	Amanda Kidd	35:00

FEMALE 40-44

1	Mary Krouse	25:16
2	Jenny Sanders	27:02
3	Cheryl Stromski	30:43

FEMALE 45-49

1	Vicki Jacobs	28:09
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FEMALE 70 +

1	Polly Jacobs	35:00
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**CANAL DAYS 10K RUN
JUNE 7, 1997**

MALE 15 & UNDER

1	Scott Harsing	33:21
2	Jon Fenning	37:13

MALE 16-19

1	Aaron Barton	38:20
2	Jeremy Long	42:27

MALE 20-24

1	Matt Byrd	44:42
2	David Pettit	49:00

MALE 25-29

1	Michael Fruchey	34:29
2	Chris Marks	40:44
3	Brian Poudos	45:05

MALE 30-34

1	Ron Sharp	32:16
2	Keith Walter	42:30
3	Bill Rooney	44:05
4	David Swenson	44:06
5	Steve Mamahon	45:10
6	Chris Woenker	47:22
7	Tim Dishop	47:22
8	Tom Kline	47:23

MALE 35-39

1	Chuck Schlemmer	34:17
2	Bryan Keister	39:26
3	Bill McNeeley	41:33
4	Dean Whitman	44:15
5	Bruce Young	45:20
6	Harold Devauk	46:00
7	Matt Till	46:10
8	Dennis Klopfenstein	47:26
9	Tom Cleveland	47:26
10	Jay Lynn	48:06
11	Phil Hartman	51:37
12	James Thompson	57:51
13	Bob Griebil	1:06:37

MALE 40-44

1	Hal Pearson	35:15
2	Roger Wilson	35:45
3	Tim Zumbaugh	35:53
4	Steve Summers	41:52
5	Paul Ausderan	43:58
6	Stephen Hilkes	45:53
7	Vern Ceder	46:30
8	Patrick Ryan	47:48
9	Craig Bobay	48:49
10	P. Sweasey	54:00
11	Steve Ludwiski	54:08

MALES 45-49

1	Gary Richie	36:28
2	Jed Pearson	37:18
3	John Lewis	38:16
4	Gary Dexheimer	38:18
5	Michael Macri	38:39
6	Stan Koehlinger	39:15
7	Lon Braun	46:24
8	Bob Schantz	46:51
9	Tom Bellepenche	48:20
10	Lynn Armstrong	49:45
11	Bill Osterholt	54:00

MALE 50-54

1	Mervin Koehlinger	37:58
2	Dave Boylan	42:33
3	Greg Smith	52:42
4	Ken Silworth	54:20
5	Dave Miller	56:45
6	Bob Walda	58:06

MALE 55-59

1	Tom Felger	44:30
2	Tom Stanley	47:45
3	Fred Fox	58:50
4	Russell Shoon	1:00:48

MALE 60-64

1	Joe Ziegler	43:54
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MALE 65-69

1	Don Anderson	44:34
2	Eugene Striggle	58:23

FEMALE 16-19

1	Megan Dexheimer	41:54
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FEMALE 20-24

1	Kim Ukrainetz	50:05
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FEMALE 25-29

1	Tanni Ramaprakash	48:19
2	Laura Sheer	50:20
3	Jenny Steigmeyer	51:20
4	Rhonda Girardot	1:07:10

FEMALE 30-34

1	Shelley Robinson	45:59
2	Julie McNulty	47:23
3	Jodi McCormack	47:50
4	Carolyn Trier	49:29
5	Jamie Mitvhell	1:07:11

FEMALE 35-39

1	Katie Creighton	43:11
2	Lorraine Fox	47:54
3	Jill Bobay	49:21
4	Bonnie Vienu	54:10

CANAL DAYS 10K Continued.....

FEMALE 40-44

1	Cathy Dwyer	44:20
2	Diana Post	1:06:38

FEMALE 50-54

1	Marsha Schmidt	51:30
2	Sarah Kleinknight	1:03:35

FEMALE 45-49

1	Denise Connelly	47:06
2	Bobbie Clark	54:00
3	Sharon Yadon	54:34
4	Lynn Bobay	56:45

FEMALE 60-64

1	Joan Gary	53:38
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SWAN CREEK CRAWL - 50 K

July 12, 1997
Allegan, Michigan

Time		Overall	Women's Division
4:54:54	Linda Gorman	23rd	2nd - Overall
5:23:02	Mitch Harper	39th	
6:28:50	Don Lindley	73rd	

With a starting field of 94 runners and one trillion mosquitoes or more, whoever, thought the heat would be a minor situation compared to the deer flies and mosquitoes. It didn't matter how much water you lost, but how much blood you gave. I thought the mosquitoes were going to pick me up and carry me away. Mitch thought the winner should of been given to the runner that gave the most blood.

In any case, the super shade and flat course did make a difference for Linda, Mitch and I to run three laps at a relative good pace. Mitch and I carried Linda the first lap (ha!), and the next two laps she blew us away. She had negative splits of 1:49 and 1:35 and 1:30, and she won first place in her age division and second place woman overall. Mitch, on the other hand, stayed cool and kept away from the hugh ant hills (PS, he probably would have ran faster if he had ants in his pants).

The high temperatures and humidity contribute to much slower times. But the aid stations and volunteers made it alot easier. I would recommend this race for anyone who was attempting their first ultra trail run. It's flat, shady and good footing. The aid stations are every 2.5 miles, so you don't have to carry your water bottle.

MERMAID FESTIVAL 5K

The official start of the summer road racing season always begins at the Mermaid Festival 5K. Not only is it the first day of summer, but it also seems to always be the first day that is hot and humid. Despite these conditions, over 100 runners showed up to take part in this year's 5K.

As the gun went off, Pilcher's-Powerbar runner, Brian Shepherd, and Goshen's Pete Casaletto, went right to the front. By the end, not even one second separated them. They both came through in 14:48. Their time set a new course record. Mike Flora, a West Noble grad and current Indiana Wesleyan runner, was third in 15:37.

The women's championship was taken by Justina Faulkner. Her time of 17:48 destroyed the old course record by over 30 seconds. She was followed by Tammy Casaletto in 18:20, and Aubrey Coy in 19:51.

The Master's championships were taken by Goshen's Jim Histan in 16:45 and Syracuse's Patty Schwartz in 19:51.

Special thanks to our major sponsor, Pilcher's Shoes and our award sponsor Heavenly Snowballs. Other sponsors for awards and eats after the race were: Augsberger's Grocery

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OVERALL MALE

1	Brian Shepherd	14:48
1	Pete Casaletto	14:48
3	Mike Flora	15:37
Master	Jim Histan	16:45

OVERALL FEMALE

1	Justina Faulkner	17:48
2	Tammy Casaletto	18:20
3	Aubrey Coy	19:51
Master	Patty Schwartz	22:08

Male

<u>14 & Under</u>	John Parson	17:11
<u>15-19</u>	Danny Butler	16:09
<u>20-24</u>	Ryan Cassidy	16:52
<u>25-29</u>	Chris Marks	18:58
<u>30-34</u>	Jeff Pfeifer	17:48
<u>35-39</u>	Chuck Schlemmer	16:34
<u>40-44</u>	Hal Pearson	17:42
<u>45-49</u>	Jed Pearson	18:14
<u>50-54</u>	Dewain Cobbs	20:38
<u>55-59</u>	John Norris	20:39
<u>60-69</u>	Charles Hodges	23:11
<u>70 +</u>	Ken Disler	27:59

FEMALE

<u>19 & Under</u>	Leann Bueschen	21:57
<u>20-29</u>	Christa Marentelte	21:13
<u>30-39</u>	Anne Duff	21:10
<u>40-49</u>	Deb Byers	22:09
<u>50-59</u>	Janet Cassidy	20:09

ONE MILE

1	Joe Vargas	6:31
2	Cassi McIntyne	6:34
3	Joe Stoffel	7:02
4	Kyle Jane	7:11
5	Lucus Wright	7:23
6	Grant Gilbert	7:27
7	Fred Stoffel	8:18
8	Reid Yoder	8:26
9	Cecilia Shoemaker	8:34



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Hoosier Marathon Start Continued.....

Birthdays

September

August

MICHAEL B	MCCLASKEY	08 - 01
TIM	BERRY	08 - 01
CHARLES	TOLSON	08 - 02
CANDI	MURPHY	08 - 03
CHARLES C	BRANDT	08 - 03
ALISON	EVANGELISTA	08 - 04
BARBARA	O'NEIL	08 - 04
MIKE	GILLAND	08 - 04
TOM	FUELLING	08 - 04
CYNTHRA S	PESCI	08 - 05
REX	REED	08 - 05
SCOTT	WAGNER	08 - 05
SHARON K	YADON	08 - 05
KEVIN	WARREN	08 - 06
JEFFREY G	RAFF	08 - 07
JULIE	MCNULTY	08 - 07
TARINI V	RAMAPRAKASH	08 - 07
GARY	DEXHEIMER	08 - 09
LELAND R	SIBREL	08 - 09
THOMAS	ELYEA	08 - 10
BARRIE	PETERSON	08 - 11
JOAN	GARY	08 - 14
DAN	SPANGLER	08 - 15
DAVE	BROERMAN	08 - 15
THOMAS J	FELTS	08 - 15
GARY	KUHN	08 - 16
ROSE	O'CONNELL	08 - 16
STEPHEN M	HILKER	08 - 16
SCOTT	BEASLEY	08 - 17
YVONNE	DUCY	08 - 17
RICHARD	MINTCHELL	08 - 18
KENT C	OBER	08 - 19
TERRY	TEEGARDIN	08 - 19
CHERI	STEIGMEYER	08 - 20
PAUL	BECKWITH	08 - 20
BILL	PATTERSON	08 - 21
ROBBIN	MAUGER	08 - 21
GREG	SIMMONS	08 - 22
MOLLY	SANDERS	08 - 23
DAVID	DIFFENBACH	08 - 26
WILLIAM A	CRANE	08 - 26
ALAN	GILBERT	08 - 27
BEV	CHRISTENSEN	08 - 27
JOYCE	TINKHAM	08 - 27
KEN	NELSON	08 - 27
WARD	MOYA	08 - 27
JOHN	SULLIVAN	08 - 28
JACK	MORRIS	08 - 29
STEVE	GOLDTHWAITE	08 - 29
LEONARD V	STANGO	08 - 30
MARK A	MAYS	08 - 30
RICHARD	BUSTOS	08 - 30
BRAD	COMPTON	08 - 31



MELINDA	KINDER	09 - 01
JOHN	BRIER	09 - 02
LAWRENCE H	LEE	09 - 02
MICHAEL H	KAST	09 - 02
SARAH	WEIDE	09 - 03
RICK	KNUTH	09 - 04
KENNETH	RELUE	09 - 04
BRUCE	HOPEN	09 - 06
KEN	CLARK	09 - 07
MICHAELA	KARR	09 - 07
TERESA L	FURNISS	09 - 08
MICHELLE	SHIVE	09 - 09
TERRI	GROSS	09 - 09
JEFFERY LEE	MILLEMANN	09 - 09
ROGER L	WILSON	09 - 10
VICKI	JACOBS	09 - 10
GREGORY A	FAHL	09 - 10
KATIE	CREIGHTON	09 - 11
MIKE	PFEFFERKORN	09 - 12
JAMIE	TROWBRIDGE	09 - 13
JOSEPH	BARANOWSKI	09 - 13
DAWN	MCCAGUE	09 - 13
DAVID E	BOYLAN	09 - 14
JOHN	LUTTMAN	09 - 14
PHIL	LUTTMAN	09 - 16
TOM	BLAUVELT	09 - 16
NEIL A	YODER	09 - 16
HOWARD J	KLINGER	09 - 16
CRAIG	BOBAY	09 - 21
MARSHA	SCHMIDT	09 - 21
CHUCK	MYNETT	09 - 21
BARB	SCROGHAM	09 - 22
ANGIE	BARBARO	09 - 22
PATRICIA	TRAPP	09 - 23
PHIL	RIZZO	09 - 25
GREG	PURCELL	09 - 26
KAREN	KOSBERG	09 - 27
CHRIS	PLUNKETT	09 - 27
ROGER D	DELAY	09 - 28
STEVE	MCPMAHON	09 - 28
TIM	BOLIN	09 - 29
BRIAN	SHEPHERD	09 - 30

PRE-EVENT MEALS

Pre-event meals help athlete's stay fine tuned and ready to perform. Pre-event meals can:

- help raise and maintain blood sugar levels
- help prevent hunger and weakness
- help provide energy for working muscles
- help provide fluids for proper hydration
- help provide fluids for proper brain and nerve functions

That final meal can enhance an athlete's abilities. For maximum fuel with minimal limitations, the choice foods are high in carbohydrates and low in fat. Listed below are guidelines for pre-event meal planning. Note that these guidelines can also be applied before day by day workouts.

Pre-Event Meal Guidelines

1. Include 2-3 nutritious high carbohydrate foods with the meal.
High carbohydrate, low fat meals are ideal for athletes. Carbohydrates are the body's first fuel choice for energy production. It is the muscle glycogen (stored carbohydrates) that is primarily used by athletes' bodies for energy during a race. Foods high in carbohydrates digest faster than foods high in protein and/or fat. Here is a list of high carbohydrate foods: breads, rolls, bagels, english muffins, pasta, cereals, rice, pancakes, waffles, potatoes, peas, yams, fruit muffins, juice, low fat dessert, fruit bars, fruit and vegetables.
Muscle glycogen and blood glucose supply nearly 100% of the energy the first 15-20 minutes of a workout. Beyond the initial workout time, they supply nearly all the energy needed for a hard workout and about half the energy for a low to moderate workout.
2. Include a low fat protein food with the meal.
Protein is important for building and repairing body tissues. Protein takes longer to digest than carbohydrates, yet can help prevent workout hunger.
3. Limit high fat foods at meals and snacks.
Fat is digested slower than any other nutrient. The discomfort of a full stomach can prevent maximal running efforts. High fat foods are: rich desserts, fried foods, creamed soups, sausage, hot dogs, foods topped with butter or margarine and salad dressings.
4. Avoid high fiber and gas forming foods at meals and snacks.
They may cause race distress. These foods are: wheat bran, oat bran, dried beans (baked beans), cabbage, onions, radishes, broccoli, cauliflower, brussel sprouts, turnips, raw apples and dried fruits. Foods effect individuals differently. Avoid your problem foods.

5. Limit the use of simple carbohydrates at meals and snacks because they may cause a sugar "high" that can shortly change to a sugar "low" (hypoglycemia).
Simple carbohydrate foods are: candies, cakes, cookies, frozen desserts, all fruits, juices, fruit drinks, regular soda pops, honey, jams, jellies and syrups.
6. Drink fluids at the meal to keep the body well hydrated.
If possible, drink 2-3 cups of non-caffeinated beverages such as juice or milk. In addition, drink 2-3 more cups of water (limit sugary drinks), 2 hours before race time.
7. If caffeine drinks are used, limit them to 1-2 cups.
Caffeine is a stimulant to the body's nervous and cardiovascular system. It is also a diuretic which increases body fluid loss. To avoid being too nervous at race time, don't over do it on caffeine drinks. Save your energy for the challenging miles.
8. Meal Timing Is Important! Eat a meal 3-4 hours prior to an event or a workout, or a snack 1-3 hours prior to allow for food digestion. Experiment to see what works best for you.
9. Pack-a-long food when traveling.
The best way to have familiar foods is to have them with you. Plan to pack a cooler or bag with high performance foods!
10. Enjoy the meal. Meals with favorite foods can spark an athlete's potential.

SAMPLE PRE-EVENT MEALS

Lunch or Dinner

1. lean turkey sandwich, fresh orange, 1 cup low fat milk, oatmeal raisin cookie
2. hamburger on a bun (with ketchup), 1 cup fruit juice, ½ cup sherbet
3. 1 ½ cups pasta with tomato sauce, 1-2 ounces low fat cottage cheese, 2 slices Italian bread

Breakfast

1. 1 ½ -2 cups dry or hot cereal, 1 cup low fat milk, large banana
2. 2 slices toast or english muffin with 1 teaspoon peanut butter and 2 teaspoons jam, 1 cup low fat milk, ½-1 cup sliced peaches or pears
3. 1 cup flavored low fat yogurt, 1 fruit muffin

Snack Ideas

1. pretzels or crackers
 2. dry cereal
 3. sports bar
 4. lean sandwich
 5. fruit of choice (go bananas)
- Enjoy!

Judy Tillapaugh, R.D. 5/97

FWTC Points Races 1997

February	Fanny Freezer 5K	Ft. Wayne
March	Nutri-Run 20K	Ft. Wayne
April	Mastodon Stomp 5K Shoesucker 7 7.2 mi	Ft. Wayne Huntington
May	Mile Championship	Ft. Wayne
June	Canal Days 10K only Hoosier Marathon Old Settlers 4 mi	New Haven Ft. Wayne Columbia City
July	Zoo Run 4 mi Parade Race 5K Cancer Society 5K	Ft. Wayne Ft. Wayne Syracuse
August	Harlan Days 10K Marshmellow 5K	Harlan Ligonier
September	Roanoke 5 mi Parlor City 1/2 Mar.	Roanoke Bluffton
October	IPFW Cross Country Open Callithumpian Canter 5K	Ft. Wayne Decatur
November	CTA Scholarship 5K Turkey Trot	Ligonier Ft. Wayne
December	JP Jones 10K	Ft. Wayne

Selected Rules:

--participant must be FWTC member at the time of the race

--points awarded based on your finish compared to other club members in the races as listed above

--1st place	100 points	6th	45
2nd	85	7th	35
3rd	75	8th	25
4th	65	9th	15
5th	55	10th	5

--marathon is awarded double points

--age group will be based on your age as of 1-1-

RHINO RUNNER'S 10K

By Jonathan Schlatter

Mental Munchies

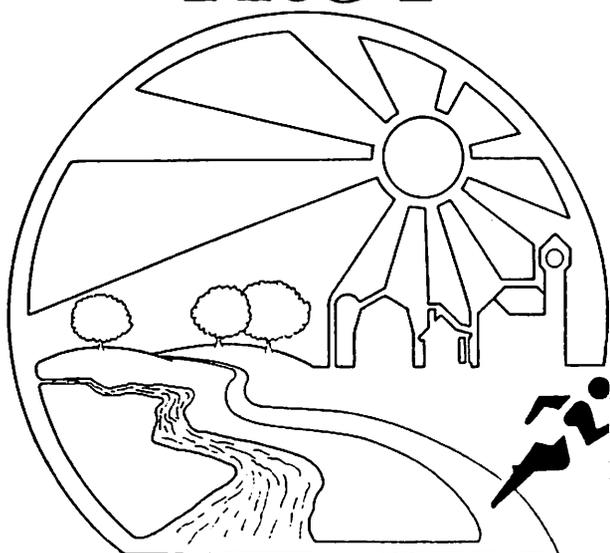
Due to the influence of some anonymous runners who know who they are, I have for two years now, except for injury, illness or race recovery, rarely failed to do a training run of 10 miles or more at least once a week. I have discovered that because long runs are boring and lonely the most difficult aspect of them is not the physical but the mental. Because I am an intense person it easy for me to stay focused on what I need to do to accomplish on my training purposes, yet I know that I also need relaxing distractions. A simple way to do this is to run with someone else but conflicting schedules do not always permit this. Over the months I have developed a four stage approach to mentally distracting myself. The first part of my run is reserved for stress relief from my job and my three teenagers. By then I have fallen into a comfortable rhythm and able to reveiw my last race, extracting a bit or two of useful information. Then I can turn my attention to my next race, preparing adjustments and calculating splits and finishing time. At this point my mind begins to wander into some odd thoughts concerning running some of which I want to share with you so that perhaps you might have something new to mentally munch on during your next long run.

1. It would make for an interesting race to run enough laps on the outside observation deck of the CNN tower in Toronto to do a mile.
2. If a seamstress can make a quilt out of old race T-shirts could she do the same with holey and used up socks, or perhaps running shorts?
3. I think up nicknames for my running buddies; guru, cookieman, heart & sole, la machine, the energizer bunny, the face, ironwoman, mr. yeehaw, the smirk, etc.
4. If I were asked to contribute to a book written for the average runner what thoughts of advice would I give?
5. One can have use for only so many t-shirts so races need to offer different things such as hats, socks, shorts, towels, and water bottles.
6. I ponder the worst case senario for a runner; running in dark clothes during a nighttime driving rainstorm in the middle of the road while going with traffic.
7. There are some particuarly difficult runs that I call P&J runs in which the only thing that keeps me going is the prospect of a peanut butter and jelly with milk at home.
8. If I had a rich running friend who would pay my way to any race in the world I would select the half-marathon on St. Georges Island in Antartica.
9. I wonder why there are video and arcade games that cover the whole gambit of sports from football to auto racing to skiing but none for marathoning.
10. Taking a cue from the 50/50 marathon club it would make a most interesting goal to run a race in each of the the 92 Indiana counties; 8 so far.

10KM & 13.1 MILE HALF MARATHON DOWNTOWN BLUFFTON, IN.

1997 PARLOR CITY TROT RELEASE: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and known these facts, and in consideration of your accepting my entry to participate in the PARLOR CITY TROT on September 20, 1997, I, for myself and anyone entitled to act on my behalf, waive and release the Parlor City Trot Director and Committee, the City of Bluffton, Indiana, Wells County government, Indiana National Guard, Indiana Department of Transportation, all sponsors, officials, volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to any of the foregoing to use any photographs or other promotional record of this event for any legitimate reason. I understand that all entries are final with no refunds. The official race director reserves the right in any event of emergency, local or national disaster, to cancel the race, or to change the date and/or time to a later day and, that in the event of cancellation, there is no refund of entry fees. The race director reserves the right to withdraw runners who, for whatever reason, appear to be experiencing difficulty in finishing.

PARLOR CITY TROT



Saturday,
September 20, 1997

Held in conjunction with
Bluffton Free Street Fair

SIGNATURE: _____
(if under 18, signature of parent/guardian)

NAME: _____

ADDRESS: _____

STATE: _____ ZIP: _____

AGE: _____ SEX: M F T-SHIRT SIZE: M L XL

RACE: 10K 13.1 Mile Half Marathon

ENTRY FEE: \$11.00 LATE FEE: \$15.00 (postmarked after 9/11/97)
LATE REGISTRATION: 6:30 - 8 A.M. - day of race at gym in back of
City Hall Building

THIS RACE IS A FORT WAYNE TRACK CLUB POINTS RACE!

DAY OF RACE: Pick up your number, t-shirt & goodie bag at gym
in back of City Hall Building, 128 East Market (one block east
of courthouse) before 8 A.M.

FORT WAYNE TRACK CLUB CALENDAR OF RACES AND EVENTS

WE TRY TO PROVIDE THE MOST ACCURATE AND COMPLETE RACE INFORMATION THAT WE CAN, BUT WE URGE YOU TO CONTACT THE RACE DIRECTOR FOR CONFIRMATIONS, POSTPONMENTS, OR CANCELATIONS, ALWAYS SEND A SELF-ADDRESSED STAMPED ENVELOPE WHEN SENDING FOR A RACE APPLICATION.

FWTC HOTLINE AND ANSWERING SERVICE (219) 432-5998

(L) LOCAL RACE IN THE GREATER FT. WAYNE AREA
(R) REGIONAL RACE WITHIN 70 MILES(?) OF FT. WAYNE
(P) FWTC 1997 POINTS RACE

*ENTRY FORMS AVAILABLE AT FT. WAYNE TRACK CLUB MEETINGS OR SEND S.A.S.E. TO JON SCHLATTER, 535 KINSMOOR AVE., FORT WAYNE IND., 46907. CALL JON AT (219) 456-3331 FOR ADDITIONAL RACE INFORMATION OR TO REPORT A RACE FOR INCLUSION IN THE RACE SCHEDULE - I ALSO HAVE ADDITIONAL INFORMATION ON RACES IN OHIO, MICHIGAN, AND THE GREATER CHICAGO AREA

-----AUGUST 1997-----

- 08 FRI PEMBERVILLE 5 MILER, PEMBERVILLE, OHIO
MITCH FREEMAN (419) 287-3889
- 09 SAT(R) NORTH MANCHESTER 5K AND 1 MILE, 8:00 AM, COMMUNITY POOL, NINETH AND MARKET ST., N. MANCHESTER, IND., KEVIN LOCHNAER, 10514 N. AGDEN RD., N. MANCHESTER, IND., 46962 (219) 982-6105 OR NEIL TATE (219) 982-8216
- 09 SAT(R) ONION DAYS 5K, 8:00 AM, TOWN PARK, WOLF LAKE, IND., BRIAN SHEPHERD, 850 E. MORTON ST., LIGONIER, IND., 46767 (219) 894-4638
- 09 SAT WABASH VALLEY CLASSIC, 5K R/W/ROLLERBLADE, 7:30 AM, WABASH AND FRUITBRIDGE, TERRE HAUTE, IND., CHRIS DAVIES, 1606 N. 7TH ST., TERRE HAUTE, IND., 47804 (812) 238-7311
- 09 SAT *HOWL AT THE MOON 8 HOUR RUN/WALK, KENNEKUK COVE COUNTY PARK, DANVILLE, ILL., KENNEKUK ROAD RUNNERS, PO BOX 1701, DANVILLE, ILL., 61834 SUSAN (217) 733-2403 OR MARC (217) 431-4243
- 09 SAT RAQUET RUN FOR RILEY, 10K AND 5K, 7:30 AM, INDIANA TENNIS CENTER, INDIANAPOLIS, IND., DON CARR, TUXERDO BROTHERS, 4314 MATREA MORE CT., INDIANAPOLIS, IND., 46254 (317) 328-1632
- 09 SAT(R) ROTARY RAMBLE 5K, 8:30 AM, DEMOTTE ELEMENTARY SCHOOL(US 231), DEMOTTE, IND., CHARLENE GROET, 9731 W 1200 N., DEMOTTE, IND., 46310 (219) 987-2875
- 09 SAT RUN THRU HELL, 4.8 AND 10 MILES, 8 AM, PINCKNEY, MICH., HARRISON HENSLEY, PO BOX 830, PINCKNEY, MICH., 48169 (313) 878-6640
- 09 SAT(R)*12TH ANNUAL HOT AIR AFFAIR 4 MILE RUN, VAN WERT COUNTY FAIRGROUNDS, VAN WERT, OHIO, VANWERT AREA ROAD RUNNERS, 1032 INDIAN HILL DRIVE, VAN WERT, OHIO, 45891 MICHAEL CLAY (419) 749-4034

- 14 SAT(R) ALL-COMERS MEET, 1 MILE AND 5K, 6 PM, SPENSERVILLE, OHIO
BRYAN MCMICHEAL (419) 647-6433
- 16 SAT(L) *FWTC TRIATHLON, (.75K SWIM, 20K BIKE, 5K RUN), LAFAYETTE CENTRAL
ELEMENTARY SCHOOL, 11015 LAFAYETTE CEBTER ROAD, ROANOKE, IND.,
BILL SOHASKI, C/O FWTC, PO BOX 11703, FT., WAYNE, IND., 46860
BILL (219) 749-5081 OR PHIL (219) 425-7100
- 16 SAT MILLINGTON OLD-FASHIONED SUMMER FESTIVAL, 4 MILES, MILLINGTON,
MICH, SHELIA HEBNER, 9333 SHERIDAN RD., MILLINGTON, MICH., 48746
- 16 SAT NIFS RUN AND WALK, 5 MILE RUN AND 4 MILE WALK, DOWNTOWN INDY.
KEN LONG & ASSOCIATES, 451 N. NEW JERSEY ST., INDIANAPOLIS, IND.,
46204 (317) 632-8812
- 16 SAT WALBASH VALLEY CLASSIC, 5K, 7:30 AM, OHIO & 25TH, TERRE HAUTE, IND.,
CHRIS DAVIES, 1606 N. 7TH STR., TERRE HAUTE, IND., 47804 (812) 462-8389
- 17 SUN PIKES PEAK MARATHON, MANITOU SPRINGS, COLO., PIKES PEAK MARATHON
PO BOX 38235, COLORADO SPRINGS, COLO., 80937 (719) 473-2625
- 17 SUN RAILS/TRAILS MARATHON, BROOKVILLE, OHIO, DENNY FRYMAN, 7581
GLENHURST DR., DAYTON, OHIO, 45414 (937) 898-7015
- 17 SUN GREAT TRAIN RACE, 10K/5K, 8 AM, YPSILANTI, MICH, TOM WOODSIDE,
PO BOX 7551, YPSILANTI, MICH., 48107 (313) 663-9740
- 23 SAT(RP)*CLEAR LAKE RUN FOR THE BLIND, 10K/5K, 8:00 AM, CLEAR LAKE LUTHERAN
CHURCH, 270 OUTER LAKE DR., CLEAR LAKE, IND., LEANN, YAGODINSKI,
PO BOX 12925, FT. WAYNE, IND., 46866 LARRY LEE (219) 747-7411
- 23 SAT CRIM FESTIVAL OF RACES, 10 MILE/8K/5K, 8 AM, FLINT, MICH.,
110 MOTT FOUNDATION BLDG., FLINT, MICH., 48502
- 23 SAT (R) RUN-TO-READ, 5K, 8:30 AM, HAMMOND, IND.,
MARY CONOVER (219) 473-4280
- 30 SAT(RP)SUMMER NIGHTS 5K AND I MILE (FORMER MARSHMELLOW 5K), 6:30 PM,
LIGONIER ELEM. SCHOOL, LIGONIER, IND., BRIAN SHEPHERD (219) 894-4638
- 30 SAT (R) BIPPUS COUNTRY BLOCK BOP, 4 MILE RUN, 8:30 AM, ELDON BRUNER,
8414 N. 300 WEST, HUNTINGTON, IND., 46750 (219) 344-1478
- 30 SAT LITTLE ITALY 5K RUN, 9 AM, SO. VERMILLION HIGH SCHOOL, CLINTON, IND.,
BRUCE SPETH, 14102 S. GENEVA HILLS RD, CLINTON, IND 47842 765) 832-6179
- 31 SUN SCOTTY HANTON MARATHON, PORT HURON, MICH., DOUG SEVILLE, PO BOX
7036, PORT HURON, MICH., 48061 (519) 542-2153

-----SEPTEMBER 1997-----

- 01 MON(R) BLUEBERRY STOMP, 15K/5K, PLYMOUTH, IND., CAROL AMMERMAN,
11599 LAWNSDALE, PLYMOUTH, IND., 46563 (219) 935-4168
- 01 MON CARMEL CLAY COMMUNITY CHALLENGE, 8K RUN AND 5K WALK, 8 AM,
ST. VINCENT HOSPITAL, CARMEL, IND., DON CARR, TUXEDO BROTHERS,
4314 MATREA MORE CT., INDIANAPOLIS, IND., 46254 (317) 328-1632
- 01 MON LABOR DAY RUN, 5K TIMED HANDICAPPED, 9 AM, HILLSDALE, MICH.,
MARK REYNOLDS, 43 MCCOLLUM, HILLSDALE, MICH., 49242 (517) 437-3579
- 01 MON PARK FOREST SCENIC 10, 10 MILES AND 5K, 8:00 AM, PARK FOREST CENTER,
PARK FOREST, ILL., BUD JAMES (708) 748-2005
- 06 SAT(RP)ROANOKE FALL FEST 5 MILE RUN, 7:30 AM, ROANOKE, IND., DAVE WINTER,
3402 E. 716N, HUNTINGTON, IND., 46750 (219) 672-8281
- 06 SAT CITIZENS GAS RACE FOR HEAT, 10K RUN AND 5K WALK, DOWNTOWN INDY,
KEN LONG AND ASSOCIATES, 451 N. NEW JERSEY ST., INDIANAPOLIS, IND.,
46204 (317) 632-8812
- 06 SAT MACKINAC ISLAND EIGHT MILE RUN AND WALK, 9:30 AM MISSION POINT
RESORT, MACKINAC ISLAND, MICH., RIVERBEND STRIDERS, PO BOX 233,
FLUSHING, MICH., 48433 (810) 659-6493
- 06 SAT DANCES WITH DIRT, 100K AND 50K, 100K 5 PERSON RELAY, 6:30 AM
PICKNEY, MICH., (313) 769-5016
- 06 SAT 2ND ANNUAL HEARTNUT HEALTHRUN, 10K AND 5K, FRANKLIN, IND., TIM DAVIS
JOHNSON COUNTY PARKS DEPT., PO BOX 246, FRANKLIN, IND., 46131
(812) 526-6809
- 07 SUN TRIATHLON CHMPSHPS AT EAGLE CREEK (1.5K SWIM, 40K BIKE, 10K RUN)
7:30 AM, EAGLE CREEK PARK, INDIANAPOLIS, IND., DONN CARR, TUXEDO
BROTHERS, 4314 MATREA MORE CT., INDIANAPOLIS, IND., 46254 (317) 3281632
- 07 SUN PIG PEN 10K AND 5K, 8 AM, TIPTON MIDDLE SCHOOL, TIPTON, IND , SPORTS
MEDICINE PROGRAM, 1000 S. MAIN, TIPTON, IND., 46072 (765) 675-8561
- 13 SAT SUGAR RIVER TRAIL MARATHON, BRODHEAD, WIS., CHRIS ROBERTS,
N. 2644 RED CEDAR LN., BRODHEAD, WIS., 53520 (608) 897-4516
- 13 SAT(R) THE HOME TOWN RUN, 5K, 9:00 AM, GRIFFITH JR. HIGH SCHOOL,
GRIFFITH, IND., DAN GOVERT (219) 924-7904
- 14 SUN CORPORATE CHALLENGE, CORPORATE TEAM EVENTS, 7:30 AM, DOWNTOWN
INDIANAPOLIS, IND, DON CARR, TUXEDO BROTHERS, 4314 MATREA MORE CT.,
INDIANAPOLIS, IND., 46254 (317) 328-1632
- 14 SUN FALL FANTASY MARATHON AND 6 HOUR RUN, VANDALIA, OHIO, DENNY
FRYMAN, 7851 GLENHURST DAYTON, OHIO, 45414 (937) 898-7015

- 14 SUN COLUMBUS HALF-MARATHON, COLUMBUS, OHIO, ULTRAFIT/USA, PO BOX 06358, COLUMBUS, OHIO, 43206 (614) 444-8921
- 20 SAT(RP)*PARLOR CITY TROT HALF MARATHON AND 10K, 8:00 AM, BLUFFTON, IND., MARJORIE HAINES, PO BOX 86, BLUFFTON IND., 46714 (219) 824-3116
- 20 SAT DICK LUGAR RUN AND WALK, 5K R&W, 10K R, 9:00 AM, BUTLER UNIVERSITY, INDIANAPOLIS, IND, DON CARR, TUXEDO BROTHERS, 4314 MATREA MORE CT., INDIANAPOLIS, IND., 46254 (317) 328-1632
- 20 SAT(R) DEEP RIVER RUN, 5K, 8:30 AM, DEEP RIVER PARK, HOBERT, IND., DALE POLOMCHAK (219) 942-2183
- 20 SAT BARS HOPPIN' 8K, 8:30 AM, BRIGHTON, MICH., SUSAN BROWN, PO BOX 1141, BRIGHTON, MICH., 48116 (810) 486-1824
- 20 SAT 6TH ANNUAL Z-MAN 5K R/W, LAWTON, MICH., RON CORNISH (616) 624-6434
- 20 SAT THE GREAT CARP RUN 5K, CREDIT ISLAND PARK, DAVENPORT, IOWA RUNNING WILD (319) 323-7025
- 20 SAT U.S. AIR FORCE MARATHON, 8 AM, WRIGHT-PATTERSON AIR FORCE BASE, DAYTON, OHIO, DENISE BOLLINGER (937) 257-9906
- 21 SUN TOLEDO CLASSIC, 10K, TOLEDO, OHIO PETE BUEHLER (419) 472-0164
- 27 SAT (R)SOUTH WHITLEY CELEBRATION DAYS 5K, 8 AM, SOUTH WHITLEY, IND., GINNY GABLE, 7745 W SR14, SOUTH WHITLEY, IND., 46787 (219) 723-6773
- 27 SAT(R) HOSPITAL HUSTLE, 5K, 9:00 AM, METHODIST HOSPITAL, MERRILLVILLE, IND., MARK SAVAGE (219) 738-3500
- 27 SAT HACKLEY HEALTH TRAIL RUN, 5K, MUSKEGON STATE PARK, DEREK BAILEY (616) 728-4820
- 27 SAT(R) KOKOMO SYMPHONY 5K R/W, 8 AM, HIGHLAND PARK, KOKOMO, IND., KOKOMO SYMPHONIC SOCIETY (317) 455-1659
- 27 SAT PEAK PERFORMANCE RUN AND WALK, 20K AND 4 MILE RUN, 4 MILE WALK, INDIANAPOLIS, IND., KEN LONG AND ASSOCIATES, N. NEW JERSEY ST., INDIANAPOLIS, IND., 46204 (317) 632-8812
- 28 SUN *FOX CITIES MARATHON, NEENAH, WIS., FOX CITIES MARATHON, PO BOX 1487, APPLETON, WIS., 54913 (414) 954-6790
- 28 SUN TUXEDO BROTHERS DUATHLON (5K RUN, 3K BIKE, 5K RUN), 8:30 AM, EAGLE CREEK PARK, INDIANAPOLIS, IND., DON CARR, TUXEDO BROTHERS, 4314 MATREA MORE CT., INDIANAPOLIS, IND., 46254 (317) 328-1632
- 28 SUN PORTLAND MARATHON, PORTLAND, OREG., LES SMITH, PO BOX 4040, BEAVERTON, OREG., 97076 (503) 226-1111

- 28 SUN WILD, WILD WILDERNESS 7.6 MILE RUN, DANVILLE, ILL., KENNKUK ROAD RUNNERS, PO BOX 1701, DANVILLE, ILL., 61834 (217) 733-2403, (217) 431-4243
- 28 SUN BUCKEYE HALF-MARATHON, 8:30 AM, CVNRA SPECIAL EVENT SITE, CUYAHOGA FALLS, OHIO, BOB LANG, PO BOX 1015, CUYAHOGA FALLS, OHIO, 44223 (613) 433-0395

-----OCTOBER 1997-----

- 04 SAT(L) CANTERBURY SCHOOL 5K, CANTERBURY SCHOOL, FT. WAYNE, KATIE CREIGHTON, 3210 SMITH RD., FT. WAYNE, IND., 46804 (219) 436-0746
- 04 SAT(R) *BUNKER HILL 4 MILER, 8:00 AM, 200 W 650 S(1 MILE NORTH OF BUNKER HILL, IND.), NORRIS INSURANCE, BOX 157, AMBOY, IND., 46911 (765) 365-7730
- 04 SAT(R)*DONOR DUATHLON, 5K RUN, 24K BIKE, 5K RUN, 8:30 AM, LAKEVEIW MIDDLE SCHOOL, WARSAW, IND., AMERICAN RED CROSS, 320 NORTH BUFFALO, WARSAW, IND., 46580 (219) 267-5244
- 04 SAT EMILY'S SCHOLARSHIP RUN AND WALK, 5K, 9:00 AM, ORCHARD COUNTY DAY SCHOOL, INDIANAPOLIS, IND., DON CARR, TUXEDO BROTHERS, 4314 MATREA MORE CT., INDIANAPOLIS, IND., 46254 (317) 328-2887
- 05 SUN(R)OKTOBERFEST CLASSIC 10K, MINESTER, OHIO, OKTOBERFEST CLASSIC, PO BOX 20, MINESTER, OHIO, 45865 (419) 628-4616 OR (419) 628-3507
- 05 SUN CAL CITY MINI-MARATHON, 13.1 MILES, 8:30 AM, CALUMET CITY, ILL., CMPD (708) 747-7373
- 05 SUN *TWIN CITIES MARATHON, ST. PAUL, MINN., TWIN CITIES MARATHON, 708 N. FIRST ST., STE., CR-33, MINNEAPOLIS, MINN., 55401 (612) 673-0778
- 05 SUN 18TH ANNUAL MICHIGAN BIG TEN RUN, 10 MILE/10K, 8 AM ANN ARBOR, MICH., AMERICAN LUNG ASSOC., RACHEL F. STONE (313) 973-6730
- 05 SUN DINOSAUR DASH, 5K RW, 10:00 AM, E. LANSING, MICH., KIM OR SUSAN CHRISTIAN, DINOSAUR DASH, C/O PLAYMAKERS, 1782 W. GRAND RIVER, OKEMOS, MICH., 48864 (517) 349-3803
- 10 FRI(L) OPEN 5K X-COUNTRY, 5:15 PM, GATES SPORTS CENTER, IPFW, FT. WAYNE, IND., JUDY TILLAPPAUGH (219) 481-6647
- 11 SAT(R)RUNWALK FOR CHILDREN, X-COUNTRY 5 MILES, 10:00 AM, VALPARAISO, IND., CLARK GLOYESKE (219) 853-4124
- 11 SAT *CINERGY INDIANAPOLIS MARATHON AND HALF-MARATHON, 8:00 AM, LAWRENCE, IND., JOEL SAUER, PO BOX 36214, INDIANAPOLIS, IND., 46236 (317) 826-1670
- 11 SAT THE NOTABLE, 5 MILE RUN AND 5K WALK, TIPTON LAKE ATHLETIC CLUB, 4000 W. GOELLER RD., COLUMBUS, IND., BILL POOR, PO BOX 1262, COLUMBUS, IND., 47202, (812) 372-1960

- 12 SUN(R)ZOOM THRU ZULU, 10K, 1:00 PM, ZULU, IND.,
MITCH HARPER, (219) 456-1381
- 12 SUN JCC BAGEL 10K AND 1 MILE FUN RUN, SYLVANNIA, OHIO
NANCY(?) (419) 885-4485
- 12 SUN TOE TO TOW TRAIL MARATHON, NORTH CUYAHOGA VALLEY, OHIO, MICHELE
ANGERMEIER, 5525 WARRENSVILLE CENTER RD., MAPLE HEIGHTS, OHIO,
44137 (216) 663-2282
- 12 SUN CAPITAL CITY RIVER RUN, 10 MILW/5K, 2 PM, LANSING, MICH., DICK MILES,
1990 WINCHESTER DR., EAST LANSING, MICH., 48823 (517) 332-2681
- 12 SUN LAKEFRONT MARATHON, MILWAUKEE, WIS., LAKEFRONT MARATHON, C/O
BAGERLAND STRIDERS, 9200 W. NORTH AVE., MILWAUKEE, WIS., 53226
(414) 476-7223 OR (414) 783-5009
- 18 SAT MONSTER MASH DASH, 5K R/W, 5:00 PM, EAGLE CREEK PARK, INDIANAPOLIS,
IND., DON CARR, TUXEDO BROTHERS, 4314 MATREA MORE CT., INDIANAPOLIS,
IND., 46254 (317) 328-1632
- 18 SAT WABASH VALLEY RACE FOR THE CURE, 10:00 AM, ST MARY OF THE WOODS
COLLEGE, TERRE HAUTE, IND., KAY HANLEY (812) 235-6547
- 19 SUN CHICAGO MARATHON, CHICAGO, ILL., CHICAGO MARATHON, PO BOX 10597,
CHICAGO, ILL., 60610 (312) 243-0003 OR (888) 234-3344
- 19 SUN DETROIT FREE PRESS MARATHON, DETROIT, MICH., DETROIT FREE PRESS
MARATHON, 300 STROH RIVER PL., STE. 4000, DETROIT, MICH., 48207
(313) 393-7749
- 19 SUN 21ST ANNUAL IOWA CITY HOSPICE ROAD RACES, IOWA CITY, IOWA
(319) 338-8108
- 19 SUN *THE 1997 GREAT PUMPKIN RACE, 10K, ST. CHARLES CENTER, 1001 ISSAC
STREETS DR., OREGON, OHIO, KRISTIN SWARTZ (419) 698-7203
- 25 SAT(R)OMNI 41 PUMPKIN PRANCE, 5K, 10:00 AM, OMNI CENTER, SCHERERVILLE, IND.,
DARCIE (219) 865-6969
- 25 SAT RUN FOR THE SON, 5K R/W, 9:00 AM, BETHESDA BAPTIST CHURCH, 7950
N. 650 E, BROWNSBURG, IND., BILL SAMPEN (765) 852-3101
- 25 SAT 3RD ANNUAL KNOBSTONE TRAIL MINI-MARATHON/5K R/W, 9:00 AM, MORGAN-
MONROE STATE FOREST, SUZANNE MITTENTHAL (317) 349-0204
- 25 SAT PLEASANT RUN RUN, 5 MILE RUN AND 3 MILE WALK, 10:00 AM, HISTORIC
IRVINGTON, INDIANAPOLIS, IND., DON CARR, TUXEDO BROTHERS, 4314
MATREA MORE CT., INDIANAPOLIS, IND., 46254 (317) 328-1632
- 26 SUN(RP)CALLITHUMPIAN CANTER 5K X-COUNTRY, 2:00 PM AND 1 MILE RUN, 1:30 PM,
BELLMOUNT HIGH SCHOOL, DECATUR, IND., CARL RISCH (219) 724-8588

26 SUN *MARINE CORPS MARATHON, WASHINGTON, D.C., MARINE CORPS MARATHON,
PO BOX 188, QUANTICO, VA., 22134 (703) 784-2225 OR (800) 786-9762

-----NOVEMBER 1997-----

- 01 SAT *OWEN-PUTMAN 50/50 TRAIL RUN, 14 MILE, 50K, AND 50 MILES, 7 AM, OWEN
PUTMAN STATE FOREST, SPENCER, IND, JEFF TINCHER, 10525 E. DALLAS
DR. TERRE HAUTE, IND., 47802 (812) 894-3394
- 02 SUN(R)ZOY RUN, 7+ MILES, 9:30 AM, INDIANA DUNES STATE PARK, CHESTERTON,
IND., AL MUSSMAN (219) 762-5680
- 02 SUN LEPRECHAUN MARATHON, VANDALIA, OHIO, DENNY FRYMAN, 7581
GLENHURST DR., DAYTON, OHIO, 45414 (937) 898-7015
- 02 SUN HALF CRAZY RACES, 1/2 MARATHON AND 5K, 1 PM, VASSER, MICH., DOUGLAS
GARNER, 7933 W. SINILAC RD., VASSER, MICH, 48768 (517) 823-3832
- 02 SUN NEW YORK MARATHON, NEW YORK, NY., MARATHON ENTRIES, PO BOX 1388
G.P.O., NEW YORK, NY., 10116 (212) 423-2249
- 08 SAT OUTBACK SCRAMBLE, WACKY 5 MILE CROSS-COUNTRY RUN, EAGLE'S CREST,
INDIANAPOLIS, IND., DON CARR, TUXEDO BROTHERS, 4314 MATREA MORE CT.,
INDIANAPOLIS, IND., 46254 (317) 328-1632
- 08 SAT HOFFMASTER TRAIL RUN, 4.5 MILES, 10 AM, NORTON SHORES, MICH., DAVID
PAULSEN, 2081 HILLSIDE, NORTON SHORES, MICH., 49441 (616) 780-1399
- 09 SUN(R)THE FALL FROLIC, 4 MILES, 9:30 AM, HAMMOND, IND.,
JIM AGELOPOULUS (219) 845-1977
- 09 SUN(R)JINGLE BELL RUN FOR ARTHRITIS 5K, 9:00 AM, INDIANA DUNE STATE PARK,
CHESTERTON, IND., LISA BETH FREIDMAN, DIRECTOR OF SPECIAL EVENTS,
ARTHRITIS FOUNDATION, GREATER CHICAGO CHAPTER, 303 WACKER DR.,
SUITE 300, CHICAGO, ILL., 60601 (312) 616-3478
- 09 SUN ROSEVILLE BIG BIRD, 10K AND 4K, 10:00 AM, ROSEVILLE, MICH., KEVIN
WALEWSKI, PARKS AND REC. DEPT., 18185 SYCAMORE, ROSEVILLE, MICH.,
48066 (810) 445-5480
- 09 SUN COLUMBUS MARATHON, COLUMBUS, OHIO, COLUMBUS MARATHON, PO BOX
26806, COLUMBUS, OHIO, 43226 (614) 652-2521
- 22 SAT(LP)TURKEY TROT 5K, FOX ISLAND PARK, FT. WAYNE, IND.,
DON LINDLEY, (219) 432-5998
- 23 SUN RANDY'S 10 MILE RUN AND 5K RUN/WALK, PERRYSBURG, OHIO
BRUCE BEVERAGE (419) 865-4131
- 27 THUR(L)MAZOCK'S 20TH ANNUAL THANKSGIVING DAY FUN RUN, APPROX. 6 MILES,
8 AM, 2828 EMERALD LAKE DR., FT. WAYNE, IND., NO AWARDS/NO SPLITS/
JUST OLD COFFEE AND STALE DONUTS, JERRY MAZOCK (219) 432-4755

Winter in July or My trip to Nanisivik by Joyce Hockensmith

Nanisivik is a mining community of about 350 people on the northern edge of Baffin Island, which is 480 miles north of the Arctic Circle. This year Nanisivik hosted the 19th running of the Midnight Sun Marathon on July 6. The event is limited to about 129 runners, which is the number of seats in the 727, and the availability of sleeping accommodations. Everyone man, woman, and child going to Nanisivik must run, either the 6K, 10K, 32K, 42K, or 84K. The run is part of a five-day tour package out of Ottawa and Toronto. Runners meet at either city to board a First Air charter for the flight to Nanisivik. The event attracts people from throughout the world who are interested in running in unusual locales.

Needles to say the field fills fast, and every year there is a waiting list, which is where I found myself. Finally, about the middle of May, I got a call. I was in!

Part of the welcoming committee at the airport is Arctic Joe, Joe Womersley, who has helped organize this marathon since it began, and Charlie Meanwell, a bagpiper, who is dressed in full regalia. Throughout the 5 days, Charlie serenades us with bagpipe tunes which adds to the festive mood already present. Many happy reunions take place at the airport because many of the runners return year after year. There were 12 members of the 50 & DC club present, so I felt right at home.

One stop was necessary in Iqaluit, which is about halfway, for fueling, then it was on to Nanisivik. Champagne was in order when we crossed the Arctic Circle. Upon arriving, we were bussed to the mine and assigned our lodging. Some runners stay in the bunkhouse with miners, while others stay in vacant homes, as at any one time all miners are not on location. They work 12 hour shifts for 6 weeks, and then get 3 weeks off. I ended up in a spartan house with 8 other runners, and 1 shower. Mattresses are put on the floor to accommodate runners. The bathroom contained only soap and paper towels, and that is probably my first experience in toweling off after a shower with paper towels, since it seems I had forgotten to pack one of the cotton variety. When the day is clear, an Inuit community on the shores of Lancaster Sound, which is also the start of the race. The drive over showed us the terrain of the marathon, a route that increased 3,000 feet in elevation. The mountains are very beautiful in the sunlight, with some snow left, various lichens, and low growing Arctic flowers, and multi colored rock. The gravel road wound past Terry Fox Pass, and past resting dog teams before reaching the community.

About 550 Inuits live in Arctic Bay. Most were out in their summer camp. Laurie Dexter, a Canadian Anglican priest, gave a talk in an area along the bay where some of the first native homes were built. He is very knowledgeable about the history of the area, and we were an attentive audience despite the cold temperatures, strong winds, and spitting rain. It was a great day for a picnic, and we had our sack lunches. That evening there was a welcome dance for the runners.

The next day we were taken into the underground zinc mine, and then to the mill for a tour of the refining facilities. That night we were bussed to Terry Fox Pass for a unique prayer service. Terry Fox Pass is on top of a plateau in the middle of the most barren landscape imaginable. Standing there and singing Amazing Grace, with Charlie piping, made you feel very small and insignificant indeed. The pass was named not long after Terry Fox died in 1981. A cairn, dedicated to Terry Fox in 1982 was started when somebody placed a jam jar containing prayers, hopes, and wishes at the site and piled a few rocks on top of it. Ever since, people have come by, said a prayer or made a wish and added stones to the pile. The pile is now the size of two dump truck loads.

Race day was the worst weather yet, about 30 degrees with a 40-50 mile an hour headwind. Runners are bussed to Arctic Bay and have a couple of hours to contemplate just what they are doing there. The course was brutal, but the worst part comes at 20 miles when you finally see Nanisivik. It is then 3 miles of downhill to the bay, and then 3 miles back up. They call it The Crunch. I didn't qualify for Boston, but I did finish 9 out of 19 in the Women's Masters category. There



are only two age groups, Open (under 40), and Masters (40 & over). The only awards given are for the 1st place finishers, and they get very nice Inuit carvings. That evening, the medals and finisher's shirts are presented to each runner individually in a ceremony presided over by Arctic Joe. After that, a celebration dance is held.

The final morning, before leaving, we climbed Mt. Fuji, which seems to be another tradition. It's actually not a bad way to work out lactic acid.

I feel very fortunate to have had this unique experience, and would highly recommend it, but it's probably already too late to sign up for next year.

The Inside Track would like to hear from FWTC Members. Fill out this profile form and return it to Joyce Hockensmith (805 Three Rivers East, FW, 46802)

(e-mail: RunningJoy@aol.com)

TRACK CLUB MEMBER PROFILE

Name: _____

Occupation: _____

Birthdate: _____ Birthplace: _____

Family: _____

Pets: _____

Hobbies or interests: _____

Favorite family activities: _____

Running Shoe Brand: _____ Years running/walking _____

Favorite Distance to run/walk: _____ PR: _____

Favorite After Racing/Training Food: _____

Favorite Place to train: _____ Favorite Race: _____

Why do you run/walk?: _____

Favorite item of Clothing: _____

Favorite Movie or TV program, or book: _____

Favorite music: _____

Collections: _____

Favorite vacation destination: _____

Most prized possession: _____

Has There Been An Inspiration To Your Running/Walking? If so, explain: _____

Do You Have a Dream? If so, what? _____

FWTC RUNNERS, WALKERS, and SPECTATORS

The Inside Track would like to hear about the races you attend. Please take a few minutes and complete the following form, or write an article about the event and mail, along with pictures, to:

**Joyce Hockensmith
3732 Thyme Court
New Haven, Indiana 46774**

Your name: _____

Race: _____

Date: _____ Distance: _____

Your time (optional): _____

Weather conditions: _____

Approximately number of runners: _____

What you liked about the race: _____

Other FWTC members attending: _____

Other comments: _____

FWTC MEMBERSHIP APPLICATION
 Fort Wayne Track Club - For Runners and Walkers

Name: _____ Date of Birth ____/____/____ Sex _____

Address: _____ Home Phone: _____

City/State/Zip: _____ Work Phone: _____

Occupation: _____ Business Affiliation: _____

Type of Membership: Single: _____ Family: _____ New Member: _____ Renewal: _____

Family Members:

Spouse: _____ Birthdate: _____ Sex _____

Children: _____ Birthdate: _____ Sex _____

_____ Birthdate: _____ Sex _____

Make checks to: Fort Wayne Track Club, P.O. Box 11703, Fort Wayne, IN 46860-1703

ANNUAL MEMBERSHIP DUES: January 1 - December 31
 One Year: \$15.00 Two Years: \$28.00 Three Years: \$36.00
 New Members: First year only \$12.00
 Members under 21: \$12.00 per year until 21
 Membership Fee After June 1: \$9.00 for remainder of year
 Family Rate: \$6.00 for each additional family member (\$12.00 maximum)

The Fort Wayne Track Club has obtained an insurance policy through the Road Runners Club of America which gives coverage for various events. Through this insurance we are covered for weekly runs, picnics, socials, and volunteers at races and other club functions. Please sign a waiver if you have not already done so. The waiver will be kept on file.

CLUB MEMBERSHIP APPLICATION WAIVER

I agree for myself, and any other person named on this application, that: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, Fort Wayne Track Club, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record for any legitimate purpose. I understand and will abide by the guidelines that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in club races.

Primary Member

Signature: _____ Date: _____

Parent Signature:
 (if under 18)

_____ Date: _____

THE FORT WAYNE TRACK CLUB MEANS "VOLUNTEERS"

Please indicate your areas of interest.

- OFFICER
 - President Vice President Secretary Treasurer
- RACE DIRECTOR
 - Major Race Fanny Freezer Fun Run Training Run
- ASSISTANT RACE DIRECTOR
- EQUIPMENT COORDINATOR
 - Assist Transportation of Equipment to Races
 - 1st Quarter 2nd Quarter 3rd Quarter 4th Quarter
 - Monitor Maintenance of Equipment
- RACE SCHEDULE COORDINATOR
- RACE WALKING COORDINATOR
- MEMBERSHIP
- BOARD MEMBER
- FINISH LINE
 - Timer Results
- COURSE TIMER
- WATER STATIONS
- MEASURE & SET UP COURSE
 - Certified Uncertified
- CO-ORDINATE CLUB TRIP TO RACE
 - Carpool Transportation for Handicapped Runners
- NEWSLETTER
 - Editor
 - Typing race results
 - Advertising Coordinator
 - Race Applications Businesses
 - Mailing
 - Feature Writer
- FWTC BANQUET
 - Decorations
 - Program
- FWTC PICNICS
- ADVERTISING - Obtaining Potential Race Sponsors
- PUBLICITY COORDINATOR
 - Send Weekly Schedules to Newspaper
- ANYWHERE NEEDED
- OTHER {Specify} _____

**RENEW YOUR
MEMBERSHIP TO THE
FORT WAYNE TRACK CLUB
TODAY !!!**

Coming Events...

FWTC TRIATHLON

Saturday, August 16, 1997
Lafayette Central Elementary, Roanoke, IN

ROANOKE FALL FEST 5

Saturday, September 6, 1997, 7:30 AM
*****Points Race *****
Roanoke, IN

PARLOR CITY TROT HALF MARATHON & 10K

Saturday, September 20, 8 AM
Bluffton, IN ***** Points Race *****

FWTC MEETINGS

Wednesday, August 14, 7:00 PM, Run, 6:00
Wednesday, September 11, 7:00 PM, Run 6:00

IPFW - Hilliard Gates Activity Center
Park in the far lot to avoid being ticketed

ADVERTISING RATES

	<u>1 Issue</u>	<u>3 Issues</u>	<u>6 Issue</u>
Full Page	\$75.00	\$200.00	\$325.00
Half Page	40.00	110.00	175.00
Quarter Page	25.00	65.00	100.00
Business Card	na	na	50.00
Cover (Inside front or back)	300.00	750.00	1200.00

Insert Race Application (Includes printing results)
12 X Entry fee, minimum \$35.00 (10 X Entry fee paid in advance)

Advertising must be supplied, camera ready art, or layout charges will be incurred.

All race applications must be supplied for insertion.
Inside Track publishes 450 issues bi-monthly.



FWTC NEWSLETTER
P.O. Box 11703
Fort Wayne, IN 46860

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